



Reframing Our Affections January 5, 2020

God invites us to reframe our affections for Him with...

- I. An invitation to **CONFESS**
 - a. 1 John 1:9
 - b. Colossians 1:21-22

- II. An invitation to **PRACTICE GRATITUDE**
 - a. Luke 17:11-19
 - b. 1st Thessalonians 5:16-18

- III. An invitation to **COMMUNION**
 - a. John 14:23,25
 - b. Psalm 25:4-5

I commit to **subtracting** the following from my life in order to notice God more every day

I commit to **add** the following to my life in order to notice God more every day...

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"To be grateful is to recognize the Love of God in everything He has given us – and He has given us everything. Every breath we draw is a gift of His love, every moment of existence is a grace, for it brings with it immense graces from Him. Gratitude therefore takes nothing for granted, is never unresponsive, is constantly awakening to new wonder and to praise of the goodness of God. For the grateful person knows that God is good, not by hearsay but by experience. And that is what makes all the difference."
–Thomas Merton

1. Did you make any resolutions for 2020? What are they and why did you make them? What will help your resolution endure?
2. Corporate confession can help keep us accountable. Are there things you would like to confess to others?
3. In what ways have you noticed God's presence or insights this week? What allowed you to be open to noticing God in this way?
4. How can 'paying attention' be transformational in our faith? Where would you like to grow in 'noticing' or 'communing' with God?
5. What are you grateful for from 2019? What are you hopeful for in 2020?
6. Discuss what you committed to subtracting and/or adding from your life in order to notice God.