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 **Galatians 4**

4 But when the fullness of time had come, God sent forth his Son, born of woman, born under the law, 5 to redeem those who were under the law, so that we might receive adoption as sons.

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 **Galatians 4**

6 And because you are sons, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" 7 So you are no longer a slave, but a son, and if a son, then an heir through God.

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 **What is Expected of a Son?**

Mephibosheth was quickly elevated to his position as an adopted son of the king. He had to learn the rules of the royal family at table and court. What was expected of him? How was he to act amongst the other sons and dignitaries he would meet? How can he add value to the family?

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 **Family Personalities Revealed**

Person	Revelation
God the Father	Adopted Father
God the Son	Jesus as only Begotten Son, Our Brother
God the Holy Spirit	Paraklete Our Helper, Comforter, Teacher, Reminder, Guardian

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 **Holy Spirit**

Hebrew Ruach = breath, wind, spirit  
Greek Pneuma = a current of air, breath (blast) or a breeze  
**the third person of the triune God, the Holy Spirit, coequal, coeternal with the Father and the Son**

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 **Helper, Guardian, Advocate**

In every organization there is always a person(s) who quietly makes everything run smoothly. If you want to know what's happening or want to make something happen, then these helpers are important people to know and have a working relationship with.

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 **Ministry of The Holy Spirit**

Helper	<b>John 14:16</b> And I will ask the Father, and he will give you another Helper, to be with you forever, <sup>17</sup> even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.
Advocate	
Counselor	
Comforter	

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 **John 14:16 Knox Translation**

and then I will ask the Father, and he will give you another to **befriend you**, one who is to dwell continually with you for ever

**He takes responsibility for our welfare**

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 **Romans 8:9**

9 You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him.

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 **2 Corinthians 4:7**

But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us.

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 **Oil Lamp in Bible Times**



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 **Galatians 5:16-17**

16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

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 **Fruit of the Spirit**

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self Control

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Issue	Acts of Flesh	Fruit of Spirit
Pleasure	Sexual Immorality, Impurity, Debauchery, Orgies, Drunkenness	Joy Self-Control
Control	Idolatry, Witchcraft	Faithfulness Goodness
Justice	Hatred, Fits of Rage	Love Gentleness
Ambition	Selfish Ambition, Jealousy, Envy, Discord, Dissensions, Factions	Peace Patience Kindness

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 **Galatians 5:25**

25 If we live by the Spirit, let us also keep in step with the Spirit.

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Fruit	Gifts	Tongues
Love	Wisdom	Prayer Language
Joy	Knowledge	Human Language(s)
Peace	Faith	
Patience	Healing(s)	
Kindness	Miracles	
Goodness	Prophecy	
Faithfulness	Discernment	
Gentleness	Tongues	
Self Control	Interpretation	

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 **1 Cor 12:7**

7 To each is given the manifestation of the Spirit for the common good.

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**Ephesians 5:17-21**

17 Therefore do not be foolish, but understand what the will of the Lord is. 18 And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, 19 addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, 20 giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, 21 submitting to one another out of reverence for Christ.

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**Ephesians 4:30**

30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

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**Don't Grieve the Holy Spirit**

We are to build [edify] one another up as believers, not tear one another down. Tearing one another down grieves the Holy Spirit as it is inconsistent with God's purpose for our lives.

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 **How to be Filled with the Holy Spirit**

1. Build up believers (opposite of grieve)
2. Give lots of gifts to saints: Encourage, Teach the word, Lay hands on the sick
3. Welcome the presence of the Holy Spirit
4. Gratitude towards God – Life of Praise
5. Praying in tongues
6. Work of the Lord – Share your faith

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 **1 Thessalonians 5:19-22**

19 Do not quench the Spirit. 20 Do not despise prophecies, 21 but test everything; hold fast what is good. 22 Abstain from every form of evil.

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 **Ephesians 5:19**

19 addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart,

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 **Colossians 3:16**

16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

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 **Ways to Quench the Holy Spirit**

1. Rely on our own resources instead of Him
2. Suppress the Spirit's work of imparting and operating spiritual gifts in the Church.
3. Too much structure that doesn't allow for spontaneity and leading of Holy Spirit
4. Diminish heartfelt emotion and affection directed to God during worship
5. Despising prophetic utterances

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 **How does the Holy Spirit work?**

The work of Holy Spirit starts with an invitation from us for His work in our lives. It grows as we learn to yield to His leading and empowering. Practice makes perfect through the different seasons of life.

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 **Luke 11:13**

13 If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!”

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 **Galatians 4**

4 But when the fullness of time had come, God sent forth his Son, born of woman, born under the law, 5 to redeem those who were under the law, so that we might receive adoption as sons.

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**Adopted**



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