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Ephesians 4

22 to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, 23 and to be renewed in the spirit of your minds, 24 and to put on the new self, created after the likeness of God in true righteousness and holiness.

Steps to A Renewed Mind

- 1. Put off old self
- 2. Renewed in the Spirit of your Mind
- 3. Put on new self

Put Off - Put On

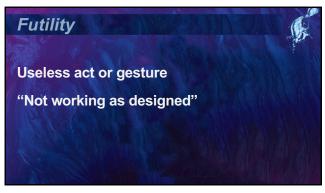
Metaphor of a purposeful exchange (Put off) of the clothing of your old life and changing into (Put on) the clothing of the new life in Christ.

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Ephesians 4:17-24

17 Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.
18 They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart.



10



11

Romans 1

21 For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened. 22 Claiming to be wise, they became fools,

Romans 1

23 and exchanged the glory of the immortal God for images resembling mortal man and birds and animals and creeping things. 24 Therefore God gave them up in the lusts of their hearts to impurity, to the dishonoring of their bodies among themselves,

Romans 1

25 because they exchanged the truth about God for a lie and worshiped and served the creature rather than the Creator, who is blessed forever! Amen.

26 For this reason God gave them up to dishonorable passions. For their women exchanged natural relations for those that are contrary to nature;

14

Romans 1

27 and the men likewise gave up natural relations with women and were consumed with passion for one another, men committing shameless acts with men and receiving in themselves the due penalty for their error.

Romans 1

28 And since they did not see fit to acknowledge God, God gave them up to a debased mind to do what ought not to be done. 29 They were filled with all manner of unrighteousness, evil, covetousness, malice. They are full of envy, murder, strife, deceit, maliciousness. They are gossips,

16

Romans 1

30 slanderers, haters of God, insolent, haughty, boastful, inventors of evil, disobedient to parents, 31 foolish, faithless, heartless, ruthless. 32 Though they know God's righteous decree that those who practice such things deserve to die, they not only do them but give approval to those who practice them.

17

Exchanges in Romans 1

Creator for Creation Truth about God for a lie Wisdom for Foolishness Natural sex for unnatural Approval of righteousness for approval of sin

Ephesians 4

25 Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. 26 Be angry and do not sin; do not let the sun go down on your anger, 27 and give no opportunity to the devil.

Ephesians 4

28 Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. 29 Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.

20

Ephesians 4

30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. 31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Ephesians 5

3 ...sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.
4 Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving.

Ephesians 5

5 For you may be sure of this, that everyone who is sexually immoral or impure, or who is covetous (that is, an idolater), has no inheritance in the kingdom of Christ and God. 6 Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

23

Ephesians 5

7 Therefore do not become partners with them; 8 for at one time you were darkness, but now you are light in the Lord. Walk as children of light 9 (for the fruit of light is found in all that is good and right and true), 10 and try to discern what is pleasing to the Lord.

Ephesians 5

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11 Take no part in the unfruitful works of darkness, but instead expose them. 12 For it is shameful even to speak of the things that they do in secret. 13 But when anything is exposed by the light, it becomes visible, 14 for anything that becomes visible is light...

25

How to Put Off?

- 1. Diagnose Sin Under A Bright Light
- 2. Identify the Legitimate Desire That We're Trying to Fulfill Illegitimately

26

Deceitful Desire

A desire is deceitful when it appears to have the ability to satisfy a legitimate need but it does so in an unbiblical and illegitimate way.

Sin is Fed By Deceitful Desires

There's a deceitful desire that feeds every sin in our lives. The biblical way to overcome sin is to not to manage sin so it's less obvious [not so ugly], but to identify the deceitful desire and exchange the lie feeding the sin for the truth... to put off the lie and put on the truth.

28

Futility of Mind in Ephesians 4

- 1. Deceived
- 2. Corrupt by Deceitful Desires
- 3. Darkness
- 4. Alienation from God
- 5. Ignorance of Truth

29

Hardness of Heart

Callousness, inflexibility, impermeability that causes the ignorance of the truth.

"Truth cannot penetrate the hard heart."

Advanced Futility of the Mind

"Alienated from the life of God" Due to "Hardness of Heart"

31

How to Put Off?



- 1. Diagnose Sin Under A Bright Light
- 2. Identify the Legitimate Desire That We're Trying to Fulfill Illegitimately
- 3. What's God's plan to satisfy the desire?
- 4. Confess, Repent, Pursue

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