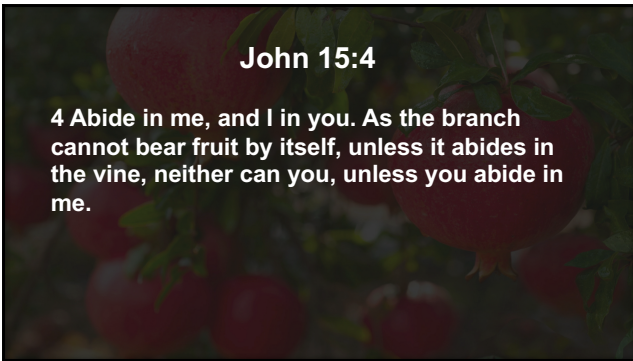
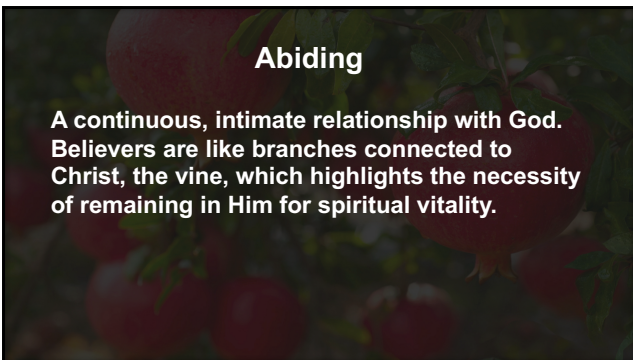




2



3



4

Galatians 5:24-25

24 And those who are Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit.

5

What is the Flesh?

6

Romans 6:6-8

6 knowing this, that our old man was crucified with Him [Christ], that the body of sin might be done away with, that we should no longer be slaves of sin. 7 For he who has died has been freed from sin. 8 Now if we died with Christ, we believe that we shall also live with Him,

7

Old Man

The "old man" refers to a person's sinful nature inherited down from Adam prior to conversion. The Old Man is characterized by hostility towards God and self-righteousness.

8

Romans 3:13-18

13 "Their throat is an open tomb; With their tongues they have practiced deceit"; "The poison of asps is under their lips"; 14 "Whose mouth is full of cursing and bitterness." 15 "Their feet are swift to shed blood; 16 Destruction and misery are in their ways; 17 And the way of peace they have not known." 18 "There is no fear of God before their eyes."

9

2 Corinthians 5:17

17 Therefore, if anyone is in Christ, he is a new creation; old things [Old Man] have passed away; behold, all things have become new.

10

1 John 3:9

9 Whoever has been born of God does not sin, for His seed remains in him; and he cannot sin, because he has been born of God.

11

1 John 3:9

9 Whoever has been born of God does not sin, for His [Christ's] seed remains in him; and he cannot [remain in] sin, because he has been born of God.

12

The Flesh

The flesh or what's often called the self-life, equates with past programming, once trained and now remembered, though its source (the Old Man) is now gone. These "old tapes" and "memory traces" can impact a Christian greatly, especially if the biblical way to stop it isn't known.

13

Romans 8:13

13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

14

“Put to Death“ is Decisive Action

“Put to death” is active, decisive language—something continual, not a one-time event (Colossians 3:5).

The Spirit empowers us to treat those sinful impulses as already condemned and executed at the cross.

15

Flesh (Sarx)

Sarx is the Greek word translated flesh: “When Paul speaks of sarx he means all that man is and is capable of as a sinful human apart from the unmerited intervention of God’s Spirit in his life....”

16

Old Man vs the Flesh

The "old man" refers to a person's sinful nature before conversion, characterized by hostility towards God, while the "flesh" or the self-life refers to the ongoing desires and tendencies that can lead to sin, which believers must actively overcome in their daily lives.

17

Old Man vs the Flesh

The old man, the self inherited from Adam, is crucified with Jesus as the sovereign work of God when we are born again. We are simply told to reckon, or account, the old man as dead (Romans 6:11), we are not told to put him to death.

18

Old Man vs the Flesh

But the flesh is another matter. We are called to choose to work with God to do to the flesh exactly what God did all by Himself to our old man: crucify the flesh.

19

Galatians 5:24-25

24 And those who are Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit.

20

Cultivation Required

Fruit of the Spirit requires cultivation (weeding, pruning, fertilizer, water) to grow properly. Walk in the Spirit is how we cultivate the fruit of the Spirit.

21

Crucified with Christ

- Reminds us of what Jesus did for us on the cross.
- Reminds us that we are called to take up our cross and follow Him (Matthew 16:24).
- Reminds us that the death of the flesh is often painful.
- Reminds us that our flesh must be dealt with - decisively.

22

How to put to death the Flesh?

The biblical way to put to death the flesh involves recognizing your new identity in Christ and actively resisting sin through the power of the Holy Spirit. We use the the law of displacement by practicing righteousness. This includes acknowledging sin, rejecting its temptations, and living according to God's will as outlined in scriptures like Romans 8:13 and Galatians 5:24.

23

Law of Displacement

We displace the wrong things by starting to do the right things. If we are at the right place, we are automatically not at the wrong place.

One type of slow displacement is to stop watering one plant and start watering another. The result is one plant will grow and the other will slow thus bringing them in balance.

24

Flesh (Sarx)

“... Sarx came to mean man as a fallen being whose desires even at best originate from sin and are stained by it. Thus sarx came to mean all the evil that man is and is capable of apart from the intervention of God’s grace in his life.

25

How to Crucify the Flesh?

1. **Daily surrender:** Start each day acknowledging the Spirit's authority (Galatians 5:16).
2. **Expose hidden sin:** Bring thoughts into the light of Scripture (Hebrews 4:12).
3. **Replace, don't just remove:** Put off anger, put on kindness (Ephesians 4:22-24).
4. **Starve the flesh:** Stay away from triggers-media, conversations, places - that fuel old desires (Romans 13:14).

26

Closer We Are to Christ, The Brighter the Light

The closer we are to Christ, the less we feel that we've made any real progress at all. Why? The closer you are, the brighter the light. We see Him as he really is and understand how magnificent the glory of Christ and how far we have to go.

27

Galatians 5:24-25

24 And those who are Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit.

28

Differences Between Walk in Gal 5:16,25

16 I say then: **Walk** in the Spirit, and you shall not fulfill the lust of the flesh.

25 If we live in the Spirit, let us also **walk** in the Spirit.

29

Different Words for Walk

The Walk in v16 (peripateo) is the normal word for walking, used there as a picture of the "walk of life."

The Walk in v25 (stoicheo) means "to walk in line with" or "to be in line with." Paul here is saying, "Keep in step with the Spirit."

30

Differences Between Walk in Gal 5:16,25

16 I say then: **Walk [as a lifestyle]** in the **[Holy]** Spirit, and you shall not fulfill the lust of the flesh.

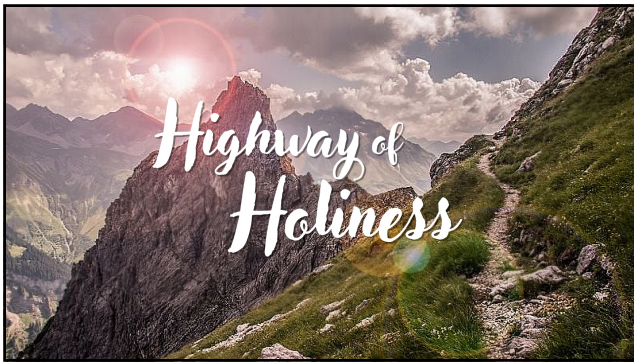
25 If we live in the Spirit, let us also **Walk in [keep in step with]** the Spirit.

31

Walking by Faith with God

The believer's life is described as a walk by faith through the good and bad times of life. Nothing stops them - through sadness and celebration, they just keep walking. The walking metaphor points to slow, steady progress along the path God has created for each believer.

32



33

John 15:4

4 Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.

34



35
