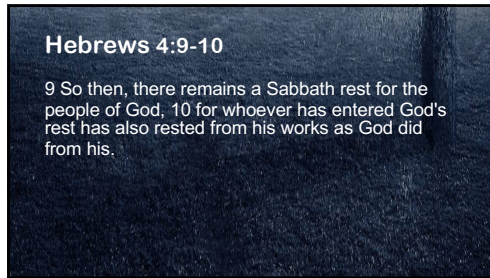
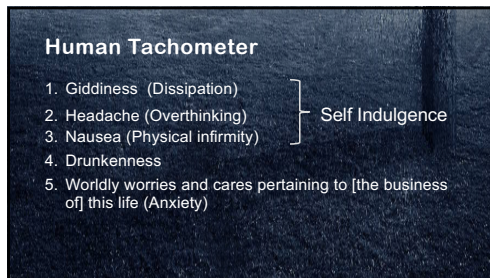




1



2



3



4

Rest From Headaches 2

1. We hear God more clearly alone in the cave
2. Encounters with God personalizes theology
3. Our calling is multi-generational not situational

5

Rest From Headaches 2

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6

1 Kings 19

9 There he went into a cave and spent the night. And the word of the Lord came to him: "What are you doing here, Elijah?" 10 He replied, "I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too."

7

Exodus 33:22

22 and while my glory passes by I will put you in a cleft of the rock, and I will cover you with my hand until I have passed by.

8

Cave

m^e’ârâh, meh-aw-raw’; from H5783; a cavern (as dark);—cave, den, hole.

Root word is ûwr, oor; (be) bare, be made naked

9

Luke 5

15 But now even more the report about him went abroad, and great crowds gathered to hear him and to be healed of their infirmities. 16 But he would withdraw to desolate places and pray.

10

Mark 1:35

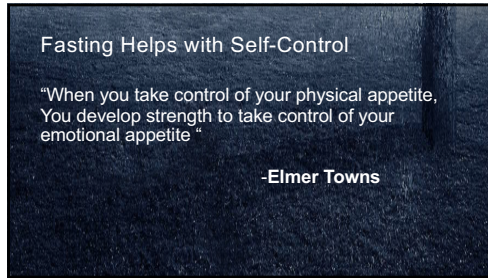
35 And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.

11

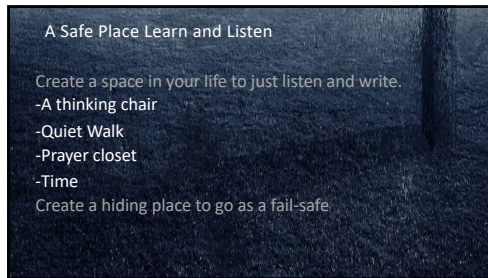
In the Cave

1. Safe
2. Isolated
3. Fasted
4. Naked (figuratively)

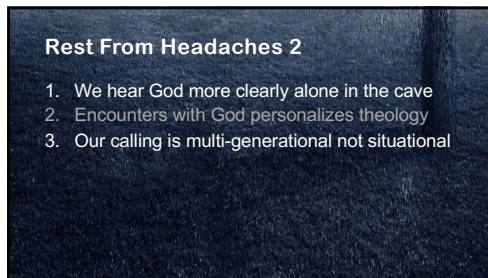
12



13



14



15

1 Kings 19

11 The Lord said, "Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. 12 After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper.

16

2 Corinthians 10:3-6

3 For though we walk in the flesh, we are not waging war according to the flesh. 4 For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. 5 We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, 6 being ready to punish every disobedience, when your obedience is complete.

17

Type of Strongholds

Type	Bible Word	Meaning
Rational	Arguments <i>Logismos</i>	Natural human reasoning that undermine the truth of God's word
Irrational	Lofty Thing <i>Hupsoma</i>	Unrealistic thoughts caused by emotions of fear, worry, anger, frustration or pride that undermine the truth of God's word

18

Hebrews 4

12 For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. 13 And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

19

Word of God

Type	Greek	Meaning
Living	Záo,	to live, be alive, quick
Active	Energēs	active, operative, effectual, powerful.
Sharp(er)	Tomóteros	to cut; decisive, sharper.
Piercing	Diknéomai	to reach through, penetrate, pierce
Discerning	Merismós	a separation or distribution, dividing

20



21

License vs Legalism

License	Legalism
Over-stimulated (media)	Pride
Over-eating (drinking)	Judgmental
Over-talking	Exacting
Entertainment-Frivolity	Lacking compassion
Sedentary	Religion for others to see
Freedom	Lawful

22

Matthew 4:4

But he [Jesus] answered, "It is written," "Man shall not live by bread alone, but by every word that comes from the mouth of God."

23

Shut In with the Living Word

We need a safe place, a cave, where the world is shut out and we are shut in with the light of God's living word so He can refresh our hearts, renew our minds and remind us of our calling.

24

Purpose of Prayer

The basic purpose of prayer is not to bend God's will to mine, but to mold my will into His.

-Timothy Keller

25

Rest From Headaches 2

1. We hear God more clearly alone in the cave
2. Encounters with God personalizes theology
3. Our calling is multi-generational not situational

26

1 Kings 19

13 When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave. Then a voice said to him, "What are you doing here, Elijah?" 14 He replied, "I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too."

27

1 Kings 19
 15 The Lord said to him, "Go back the way you came, and go to the Desert of Damascus. When you get there, anoint Hazael king over Aram. 16 Also, anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet. 17 Jehu will put to death any who escape the sword of Hazael, and Elisha will put to death any who escape the sword of Jehu. 18 Yet I reserve seven thousand in Israel—all whose knees have not bowed down to Baal and whose mouths have not kissed him."

28

Our Calling is Multi-Generational

1. Go back the way you came, to the Desert of Damascus.
2. Anoint Hazael king over Aram.
3. Anoint Jehu son of Nimshi king over Israel,
4. Anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet

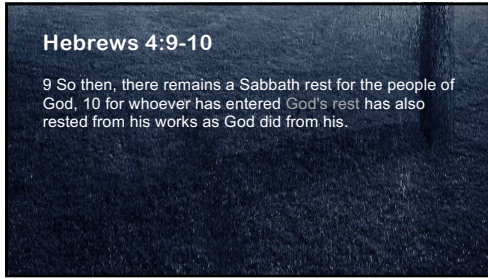
29

Meekness Looks Like...

Meekness toward others means we are gentle and don't seek to retaliate when we are wronged.

Meekness toward God means we accept His dealings with us as good and seek to be yoked together with him.

30



31



32
