LIFE GROUP QUESTIONS:

Icebreaker: What is the best thing that happened to you this week?

Have everyone spend time reading **Philippians 4:1-9** quietly to themselves. After a few minutes, either have one person read the passage for the group or have each person take turns reading a portion until the entire passage has been read.

Sermon Observation Questions:

- 1. Was there anything from this past week's sermon that stood out to you? Explain. Was there anything from the sermon that confused you? Explain. Was there anything from the sermon that invoked an emotion? If so, what was it?
- 2. Observations about this passage: Who was the audience or the characters? What does this passage tell us about sinful man? What do we learn about God or Jesus from reading this passage, and how does that impact the way we love people and love God?
- 3. What questions arise from reading this passage? Is there anything from this passage that sticks out to you personally? If so, what?

Life Application Questions:

- 1. How does Paul encourage the believers in Philippi to handle controversy and conflict? How do you usually deal with conflicts and disagreements?
- 2. Why are verses 4-7 so important to the Christian faith? If these verses have personally impacted your life, share with the group.
- Paul advises the believers to set their minds on good things (vs 8). How does what you think affect how you feel? How does it affect your relationship with both God and others?
- 4. **Next Steps:** Share with the group a stress you might have right now, and then spend time praying about that specific situation.

Being Mindful of Your Mindset 5/9/2021 Pastor Kyle Bostock

Notes: