

PEACE-Change Your Focus!
Galatians 5:22-23
Change Agent
10/11/2020
Dr. Steve Brown

Notes:

LIFE GROUP QUESTIONS:

Icebreaker: When you think of peace, what picture comes to mind?

Have everyone spend time reading **Philippians 4:4-9** quietly to themselves. After a few minutes, either have one person read the passage for the group or have each person take turns reading a portion until the entire passage has been read.

Sermon Observation Questions

1. Was there anything from this past week's sermon that stood out to you? Explain. Was there anything from the sermon that confused you? Explain. Was there anything from the sermon that invoked an emotion? If so, what was it?
2. Observations about this passage: Who was the audience or the characters? What does this passage tell us about sinful man? What do we learn about God or Jesus from reading this passage, and how does that impact the way we love people and love God?
3. What questions arise from reading this passage? Is there anything from this passage that sticks out to you personally? If so, what?

Life Application Questions

1. When are you the most at peace, and when do you seem to see your anxiety skyrocket? What's your default response in dealing with anxiety or storms in your life?
2. In the passage above, Paul gives directives in order to help us know God's peace. What directives can you identify in the passage above?
3. How can rejoicing in the Lord, praying, and being thankful help to cultivate a life of peace? What counsel might you give to someone you are discipling who is not in a state of peace?
4. **Next Steps:** Which discipline do you struggle with the most that can aid in finding peace in God: Rejoicing in the Lord? Praying? Being thankful? What can you do this week to focus on that discipline?