

“REFRESHING MY THIRSTY SOUL”

As the deer [b]pants for the water brooks,

So my soul [c]pants for You, O God.

My soul thirsts for God, for the living God;

When shall I come and [d]appear before God?

My tears have been my food day and night,

While they say to me all day long, "Where is your God?"

These things I remember and I pour out my soul within me.

*For I used to go along with the throng and [e]lead them in procession to the
house of God,*

With the voice of joy and thanksgiving, a multitude keeping festival.

Why are you [f]in despair, O my soul?

And why have you become disturbed within me?

[g]Hope in God, for I shall [h]again praise [i]Him

For the [j]help of His presence. -PSALMS 42:1-5 NASB

SPIRITUAL SEPARATION- SPIRITUAL DISTANCE IN MY RELATIONSHIP WITH GOD;

**MAIN IDEA—SPIRITUAL
SEPARATION CAN BE OVERCOME!**

**7 DECLARATIONS BORN FROM
SPIRITUAL CONNECTION**

As the deer [b]pants for the water brooks,

So my soul [c]pants for You, O God.

My soul thirsts for God, for the living God;

*When shall I come and [d]appear before God?--**VS.1-2 NASB***

1-MY SOUL WILL NOT BE DEPRIVED!

My tears have been my food day and night,

*While they say to me all day long, "Where is your God?"--**VS.3 NASB***

2. MY EMOTIONS WILL NOT BE DEPRESSED!

*13 Then the Lord said to Abram, "You can be sure that your descendants will be strangers in a foreign land, where they will be oppressed as slaves for 400 years. 14 But I will punish the nation that enslaves them, and in the end they will come away with great wealth.---**GENESIS 15:13-14 NLT***

"TRUST IN GOD'S PLAN AND STAY IN GOD'S HAND."

These things I remember and I pour out my soul within me.

For I used to go along with the throng and [e]lead them in procession to the house of God,

*With the voice of joy and thanksgiving, a multitude keeping festival.--
PSALMS 42:4 NASB*

3-MY WORSHIP WILL NOT BE DISCONNECTED!!

*Why are you [i]in despair, O my soul?
And why have you become disturbed within me?
[g]Hope in God, for I shall [h]again praise [i]Him
For the [j]help of His presence.--**VS.5**
O my God, my soul is [k]in despair within me;
Therefore I remember You from the land of the Jordan
And the [l]peaks of Hermon, from Mount Mizar.--**VS.-6 NASB***

4. MY FAITH WILL NOT BE DISTURBED!

Deep calls to deep at the sound of Your waterfalls;

*All Your breakers and Your waves have rolled over me--**VS.7 NASB***

5- I MAY BE STRUCK DOWN, BUT NOT DESTROYED!

The Lord will command His lovingkindness in the daytime;

And His song will be with me in the night,

*A prayer to the God of my life.--**PSALMS 42:8 NASB***

I will say to God my rock, "Why have You forgotten me?"

*Why do I go mourning [m]because of the oppression of the enemy?"--**VS.9
NASB***

6- GOD'S LOVE WILL NOT BE DOUBTED!

*As a shattering of my bones, my adversaries revile me,
While they say to me all day long, "Where is your God?"--VS.10 NASB*

7- THE ENEMY WILL NOT MAKE ME DISCOURAGED!

*Why are you [a]in despair, O my soul?
And why have you become disturbed within me?
[a]Hope in God, for I shall yet praise Him,
The [a]help of my countenance and my God.--PSALMS 42:11 NASB*

MY RESTORATION IS MY DETERMINATION!

