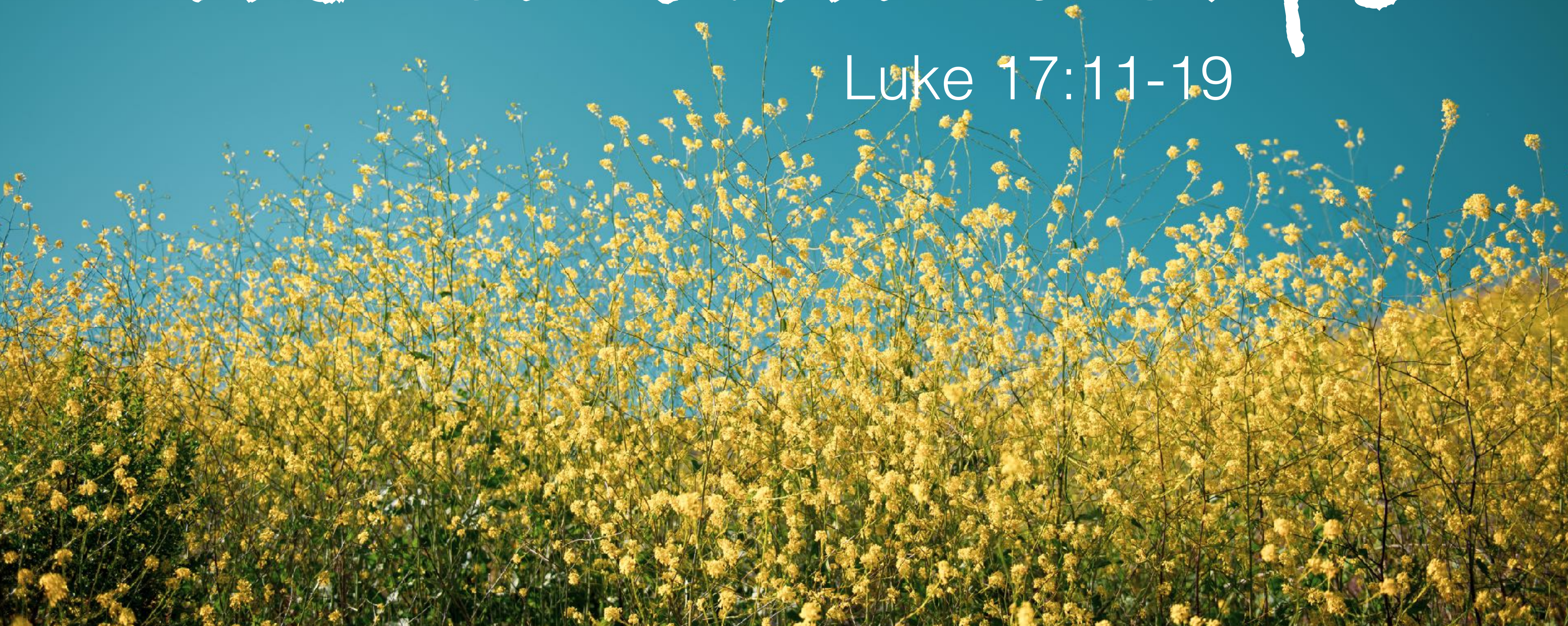


# abundant life

Luke 17:11-19





**HOW MANY CALORIES DOES THE  
AVERAGE PERSON CONSUME ON  
THANKSGIVING?**





**HOW MANY CALORIES DOES THE  
AVERAGE PERSON CONSUME ON  
THANKSGIVING?**

**3,350**

**3,700**

**4,100**

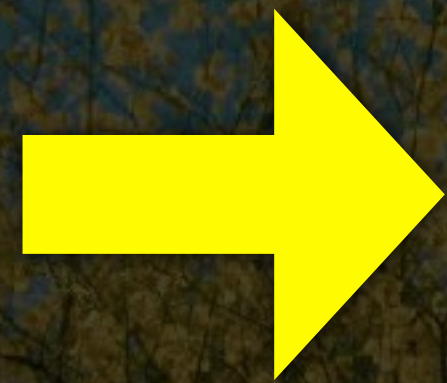
**48.000**



# HOW MANY CALORIES DOES THE AVERAGE PERSON CONSUME ON THANKSGIVING?

3,350

3,700



4,100

48,000



**BLACK FRIDAY IS THE BUSIEST DAY  
OF THE YEAR FOR WHAT JOB?**





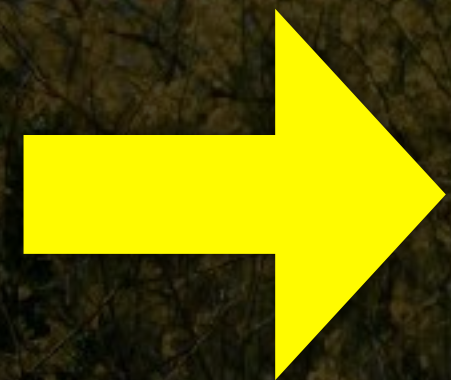
# **BLACK FRIDAY IS THE BUSIEST DAY OF THE YEAR FOR WHAT JOB?**

- **PERSONAL TRAINERS**
- **DIETITIANS**
- **CLEANERS**
- **PLUMBERS**



# BLACK FRIDAY IS THE BUSIEST DAY OF THE YEAR FOR WHAT JOB?

- PERSONAL TRAINERS
- DIETITIANS
- CLEANERS
- **PLUMBERS**





**WHAT WAS THE FIRST STORE TO DO  
A THANKSGIVING PARADE?**





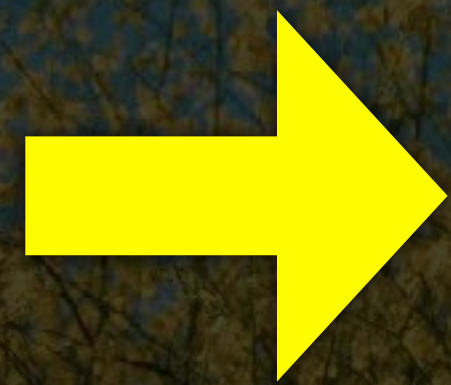
# WHAT WAS THE FIRST STORE TO DO A THANKSGIVING PARADE?

- SEARS
- PENNEYS
- GIMBELS
- MACY'S



# WHAT WAS THE FIRST STORE TO DO A THANKSGIVING PARADE?

- SEARS
- PENNEYS
- **GIMBELS**
- MACY'S





**WHY IS THANKSGIVING  
SO AWESOME?**

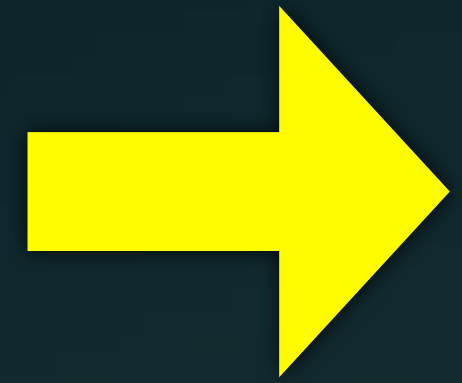




# WHY IS THANKSGIVING SO AWESOME?

- FOOTBALL
- FOOD
- FAMILY
- FUN





# WHY IS THANKSGIVING SO AWESOME?

- FOOTBALL
- FOOD
- FAMILY
- FUN



**Researchers have  
scientifically proven one of  
the greatest contributors  
to happiness in your life is**



**Researchers have  
scientifically proven one of  
the greatest contributors  
to happiness in your life is  
how much gratitude you  
show.**



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scientifically proven one of  
the greatest contributors  
to happiness in your life is  
how much gratitude you  
**show.**



# KEY CONCEPT

Gratitude:

More than a way of **feeling**.



# KEY CONCEPT

Gratitude:

More than a way of **feeling**.

It's a way of **seeing**.



# KEY CONCEPT

Gratitude:

More than a way of **feeling**.

It's a way of **seeing**.

And a way of **acting**.

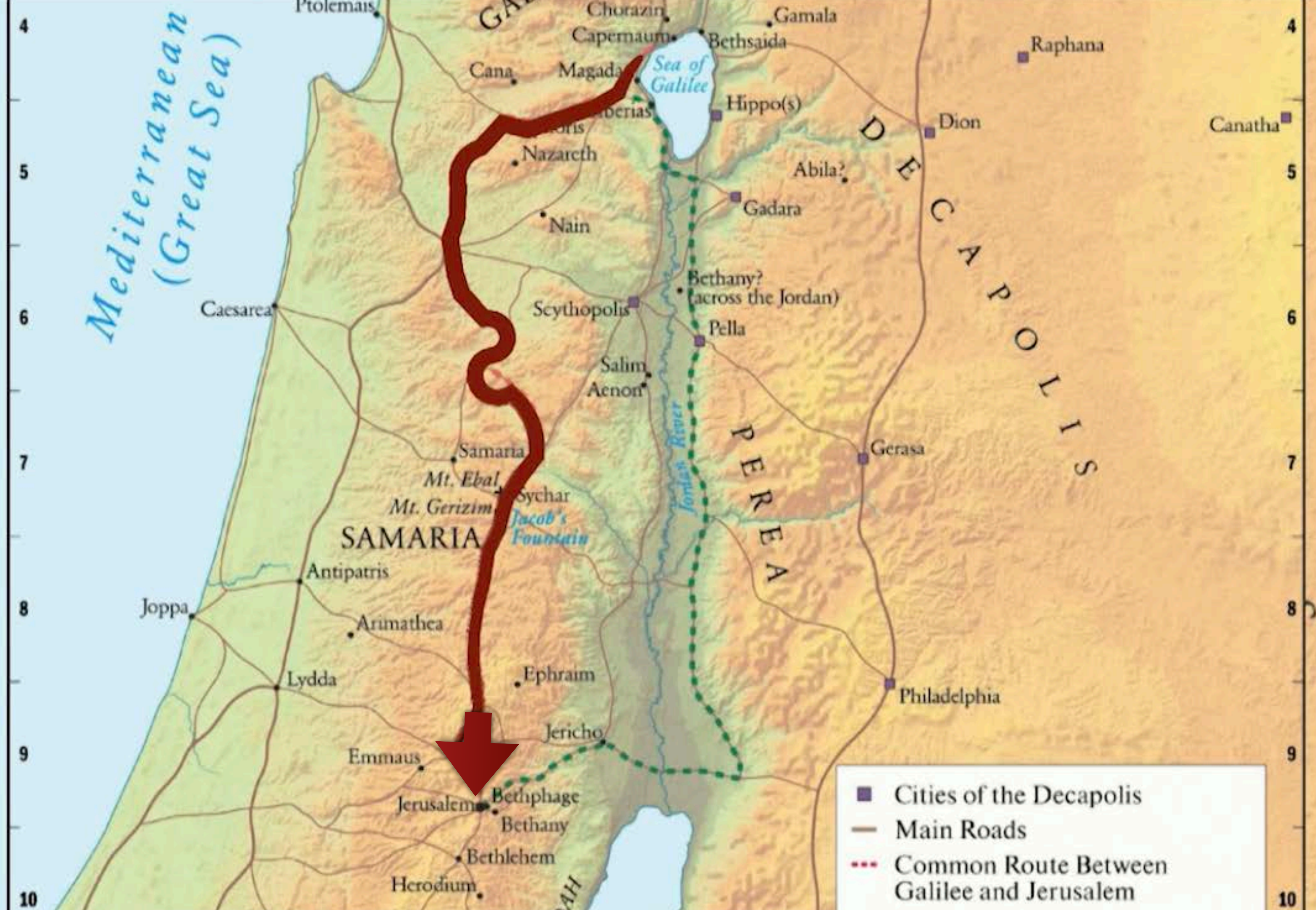


“Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee.”

*(Luke 17:11, NIV)*



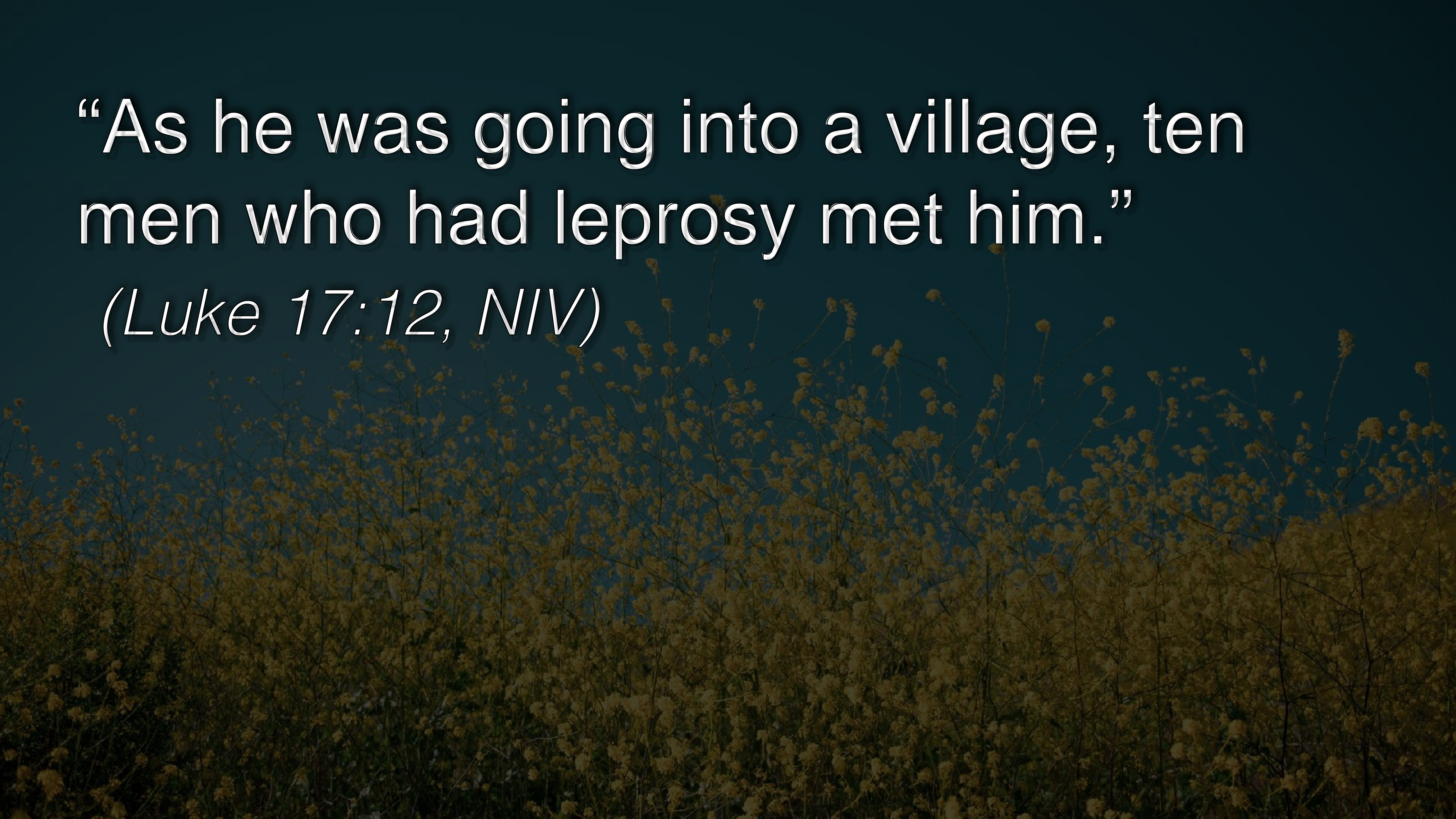
*Mediterranean  
(Great Sea)*





“As he was going into a village, ten men who had leprosy met him.”

*(Luke 17:12, NIV)*



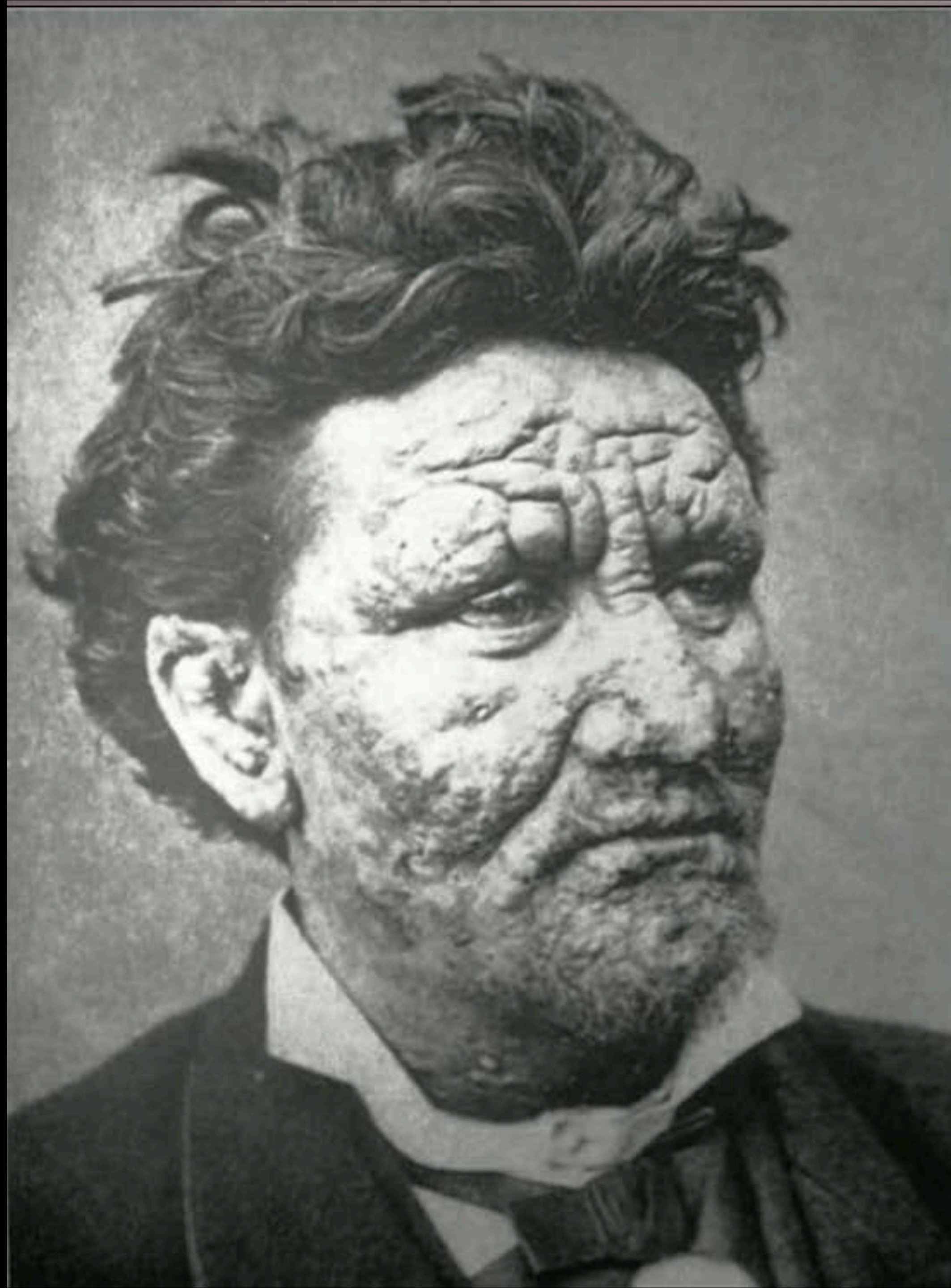


“As he was going into a village, ten men who had **leprosy** met him.”

*(Luke 17:12, NIV)*

















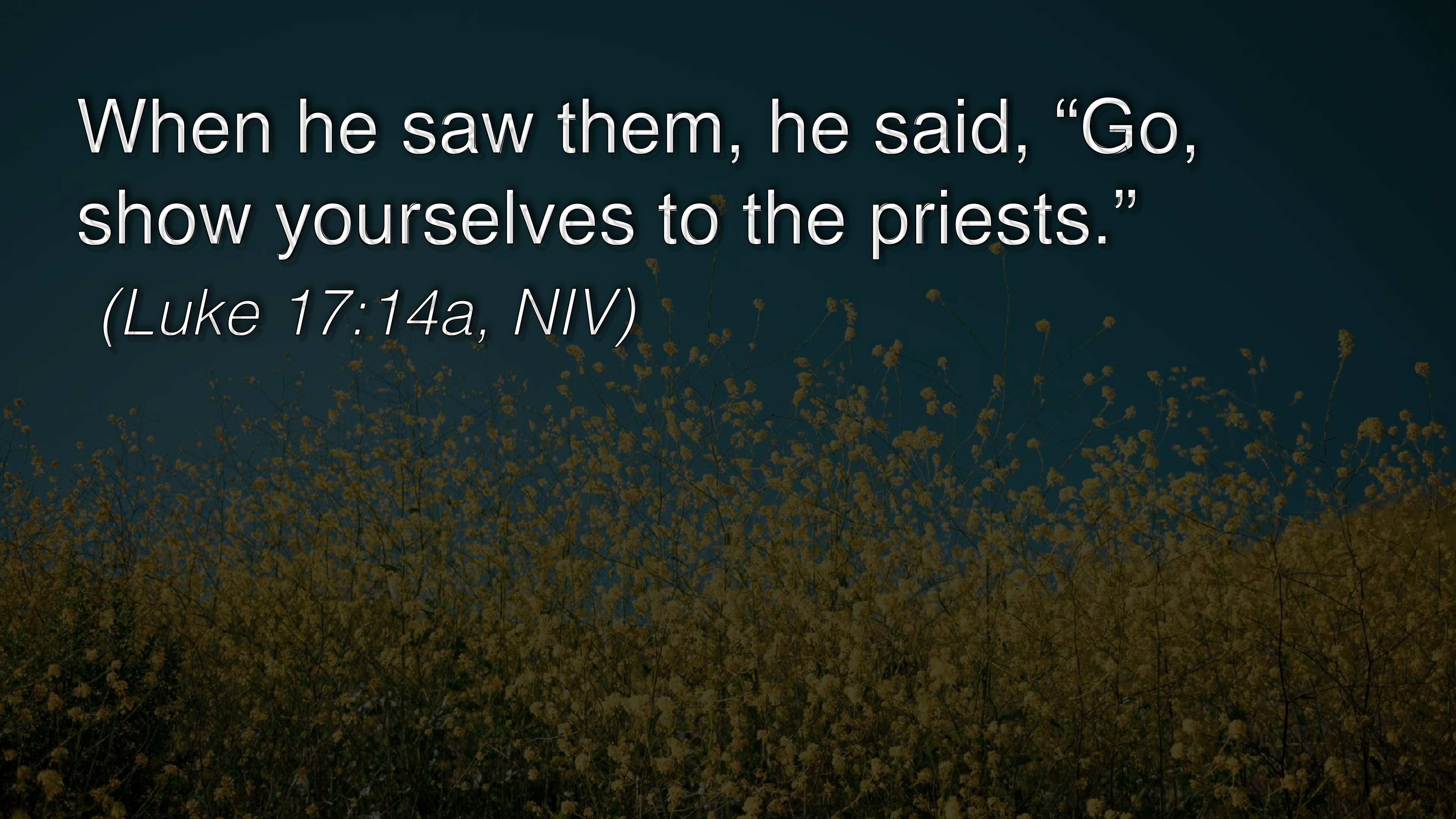
They stood at a distance and called  
out in a loud voice, “Jesus, Master,  
have pity on us!”

*(Luke 17:13, NIV)*



When he saw them, he said, “Go,  
show yourselves to the priests.”

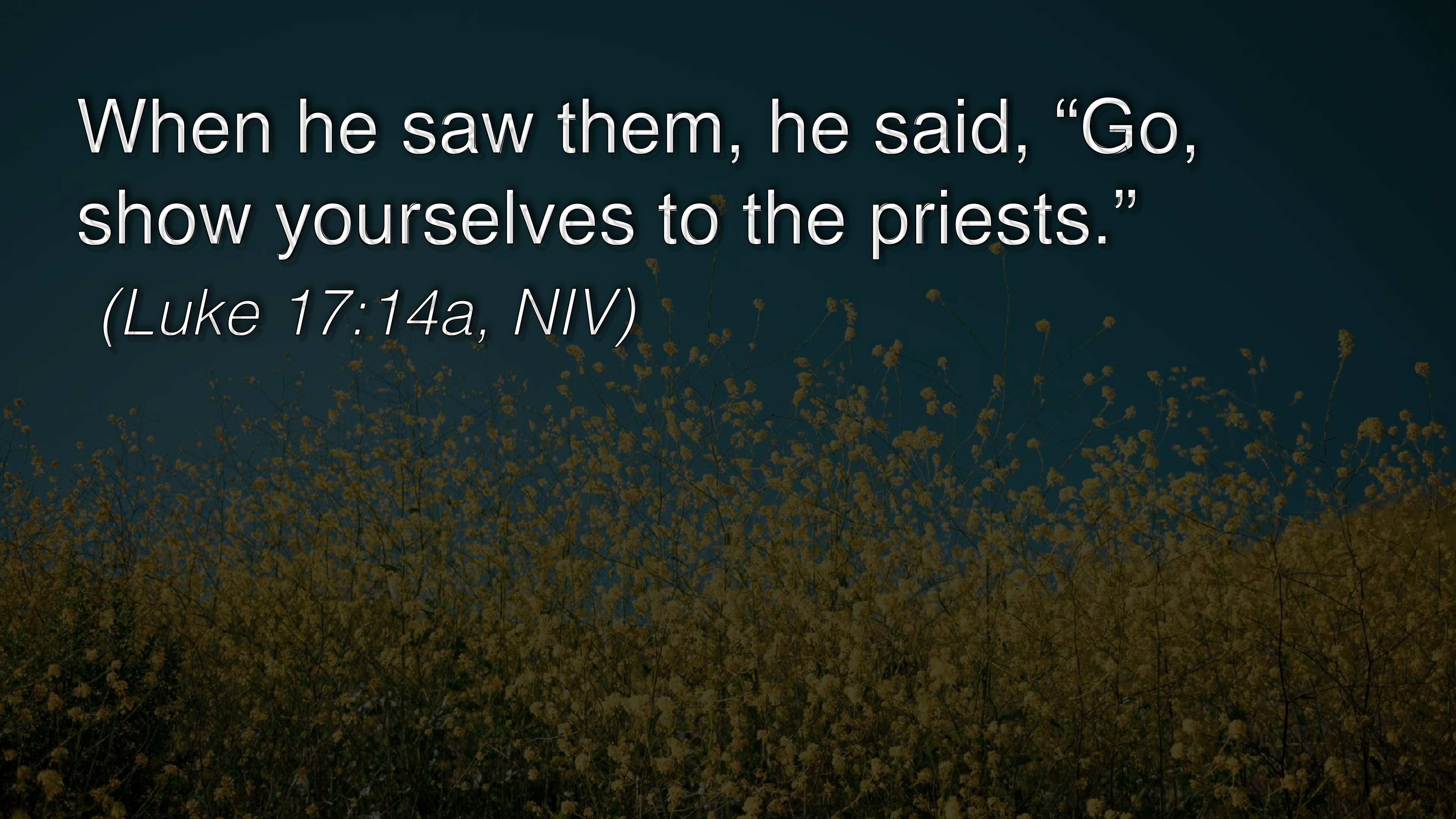
*(Luke 17:14a, NIV)*





When he saw them, he said, “Go,  
show yourselves to the priests.”

*(Luke 17:14a, NIV)*





“And as they went, they were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice.”

*(Luke 17:14b, 15, NIV)*



“And as they went, they were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice.”

*(Luke 17:14b, 15, NIV)*



“He threw himself at Jesus’ feet and thanked him — and he was a Samaritan.”

*(Luke 17:16, NIV)*



“Jesus asked, ‘Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?’ Then he said to him, ‘Rise and go; your faith has made you well.’”

*(Luke 17:17-19, NIV)*



# 1. THE PATTERN OF GRATITUDE



“One of them, when he **saw** he was healed, came back, praising God in a loud voice. He threw himself at Jesus’ feet and thanked him...”

*(Luke 17:15, 16, NIV)*



# 1. THE PATTERN OF GRATITUDE

- **See** my blessing



“One of them, when he saw he was healed, **came back**, praising God in a loud voice. He threw himself at Jesus’ feet and thanked him...”

*(Luke 17:15, 16, NIV)*



# 1. THE PATTERN OF GRATITUDE

- **See** my blessing
- **Stop** my task



“One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus’ feet and thanked him....”

*(Luke 17:15, 16, NIV)*



# 1. THE PATTERN OF GRATITUDE

- **See** my blessing
- **Stop** my task
- **Say** my thanks





Gratitude is not just an  
**emotion.** It is an **action.**



## 2. THE POISON OF INGRATITUDE





**Unexpressed** gratitude  
communicates **ingratitude**





**Unexpressed** gratitude  
is experienced as **rejection**



# 3. THE PRINCIPLE THAT MAKES THE DIFFERENCE





GEBHARD FUGEL, *CHRIST AND THE LEPERS*



“One of them, when he saw he was healed, came back, praising God in a loud voice. **He threw himself at Jesus’ feet** and thanked him...”

*(Luke 17:15, 16, NIV)*





He saw past the gift  
and saw the Giver



Realizing:  
I had a **need** I could do  
nothing to **resolve.**



Realizing:

I had a **need** I could do  
nothing to **resolve.**

I received **grace** I did  
nothing to **deserve.**



**Be the one who thanks.**



**Be the one who thanks.  
Because Jesus is the One  
who gave.**



# APPLICATION

**This week, will you reach out to three people and thank them specifically for blessings they've given you?**



APPLICATION

Gratitude:

It's not enough to **feel** it.

You've got to **reveal** it.



# abundant life

Luke 17:11-19

