

Our Father in heaven,...

Matt. 6:5-9

THE *Lord's*
PRAYER



THE *Lord's*
PRAYER















at things ye have need of, before
ask him.

After this manner therefore
ye: / Our Father which art in
ven, Hallowed be thy name.
Thy kingdom come. Thy will
one in earth, ^h as it is in heaven
Give us this day our ⁱ daily
d.
forgive us our debts

WSJ

“The Science of Prayer”

Prayer can...

Dr. David Rosmarin
Harvard University

Prayer can....

- **Calm nervous system**

Dr. David Rosmarin
Harvard University

Prayer can....

- **Calm nervous system**
- **Less negative**

Dr. David Rosmarin
Harvard University

Prayer can....

- **Calm nervous system**
- **Less negative**
- **Less angry**

Dr. David Rosmarin
Harvard University

How do I learn to
pray better?

How **not** to pray

“And **when you pray**, you must **not** be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have receive their reward.

(Matthew 6:5, NLT)

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(Matthew 6:5, NLT)

“And when you pray, you must not be like the **hypocrites**. For they love to stand at the street corners, that they may be seen by others. Truly, I say to you, they will receive their reward.

(Matthew 6:5, NLT)

**Don't make prayer a
performance**

“But when you pray, go into your room and shut the door and pray to your **Father** who is in secret. And your **Father** who sees in secret will reward you.”

(Matthew 6:6, NLT)

Don't make prayer a
performance

Don't make prayer a
formula

“And when you pray, do not keep babbling like pagans, for they think they will be heard because of their many words.”

(Matthew 6:7, NLT)

If I do this
then I get that

**Prayer is not transactional;
it is relational**

“Do not be like them, your Father knows what you need before you ask him.”

(Matthew 6:8, NLT)

“Do not be like them, your **Father** knows what you need before you ask him.”

(Matthew 6:8, NLT)

“Do not be like them, your Father
knows what you need before you
ask him.”

(Matthew 6:8, NLT)

“This then is how you should
pray...”

(Matthew 6:9, NLT)

“This then is **how** you should
pray...”

(Matthew 6:9, NLT)

“...Our Father in heaven”

Matthew 6:9

“...**Our** Father in heaven”

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“...**Our** Father in heaven”

I pray **with family**

Matthew 6:9

“So in Christ Jesus **you are all children of God through faith**, for **all of you** who were baptized into Christ have clothed yourselves with Christ.”

(Galatians 3:26,27, NLT)

“There is neither Jew nor Gentile,
neither slave nor free, nor is there
male and female, for **you are all
one in Christ Jesus.**”

(Galatians 3:28, NLT)

“...**Our** Father in heaven”

Matthew 6:9

“...Our **Father** in heaven”

Matthew 6:9

In the Hebrew Scriptures, God is referred to as “Father of the **Nation**” **14 times**

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In the Gospels, Jesus speaks of and prays to God as **personal Father** **60 times**

Abba

Abba

Papa

Dad

God's not impersonal;
He's **personal**

He's not just a force,
He has a **name**

He's not far away,
He's **close**

“To all who believed him and accepted him, he gave the right to become **children of God.**”

(John 1:12, NLT)

“...Our **Father** in heaven”

I pray **as a beloved child**

Matthew 6:9

The Saturday
Evening
POST
FOUNDED IN 1788 BY
Peter A. B. Widener



The Disney family: Behind Walt in the hammock are Diane's husband, Ron Miller, Sharon, Diane and her daughter Joanna; Lilly—Mrs. Disney—and her grandson, Chris.

My Dad, Walt Disney

By DIANE DISNEY MILLER
as told to Pete Martin

of one of

Until I was six years old I didn't realize what it was that my father did for a living. The news was broken to me by a playmate one night, when Dad came home from his job. I ran into his easy chair, I approached him with a look of doubt crept in. He looked at me and said, "Daddy, I mean."

"Daddy," I said, "please give me your autograph." That scene was played many years ago, but my father still recalls it with enjoyment. "It gave me a thrill," he says now. "I had fought for recognition at home, with your mother and your sister and the nurses and all the aunts. When I finally got it—even if it was from a six-year-old—it was a triumph. I mean a man has to put up a fight when he's surrounded by females." He likes to pre- because he's



Do not judge **God** by your
earthly father

Do not judge **God** by your
earthly father

Judge your **earthly** father by
your **heavenly** father

“A father to the fatherless,
a defender of widows,
is God in his holy dwelling.”
(Psalm 68:5, NIV)

“...Our Father **in heaven**”

Matthew 6:9

“The phrase ‘**in heaven**’ refers to heaven as the center of the universe and the seat of all authority and power and dominion and greatness.”

Ray Pritchard

“...Our Father **in heaven**”

I pray **to One who has
all power**

Matthew 6:9

“...Our Father **in heaven”**

He rules over all nations

And all kings

And all kingdoms

And all races

Matthew 6:9

“...Our Father **in heaven”**

And all genders

And all religions

And all political affiliations

Matthew 6:9

“...Our Father **in heaven”**

He rules over all times

And places

And people

Matthew 6:9

“...Our Father **in heaven”**

**There is no one and nothing
that is not under the control
of your Father**

Matthew 6:9

“He adopted you as his own children ...now if we are children, then we are heirs — heirs of God and coheirs with Christ.”

(Romans 8:15, 17a, NLT)



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“...Our Father in heaven”

I pray **with family**

I pray **as a beloved child**

I pray **to One who has
all power**

Foundation for vibrant prayer

Adore your loving Father

Disney · PIXAR

FINDING NEMO



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