

**Give us
our daily
bread...**

Matt. 6:11

THE *Lord's*
PRAYER



THE *Lord's*
PRAYER

Uncertainty

Uncertainty

Conflict

Uncertainty

Conflict

Threats & Temptations

Uncertainty

Conflict

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Conflict

Threats & Temptations

Uncertainty

“Give us today our daily bread.”

Conflict

Threats & Temptations

Uncertainty

“Give us today our daily bread.”

Conflict

“Forgive us our debts as we forgive...”

Threats & Temptations

Uncertainty

“Give us today our daily bread.”

Conflict

“Forgive us our debts as we forgive...”

Threats & Temptations

“Lead us not into temptation
but deliver us from evil.”

First half of Lord's Prayer

Orientation

First half of Lord's Prayer

Orientation

“Our Father in heaven”
(God is good)

First half of Lord's Prayer

Orientation

“Our Father in heaven”

(God is good)

“Hallowed be your name”

(God is holy)

First half of Lord's Prayer

Orientation

“Our Father in heaven”

(God is good)

“Hallowed be your name”

(God is holy)

“Your kingdom come...”

(God has a plan)

First half of Lord's Prayer

Orientation

Second half of Lord's Prayer

Petition

First half of Lord's Prayer

Orientation

WOW!

Second half of Lord's Prayer

Petition

First half of Lord's Prayer

Orientation

WOW!

Second half of Lord's Prayer

Petition

HELP!

**“Give us today our
daily bread.”**

(Matthew 6:11, NIV)

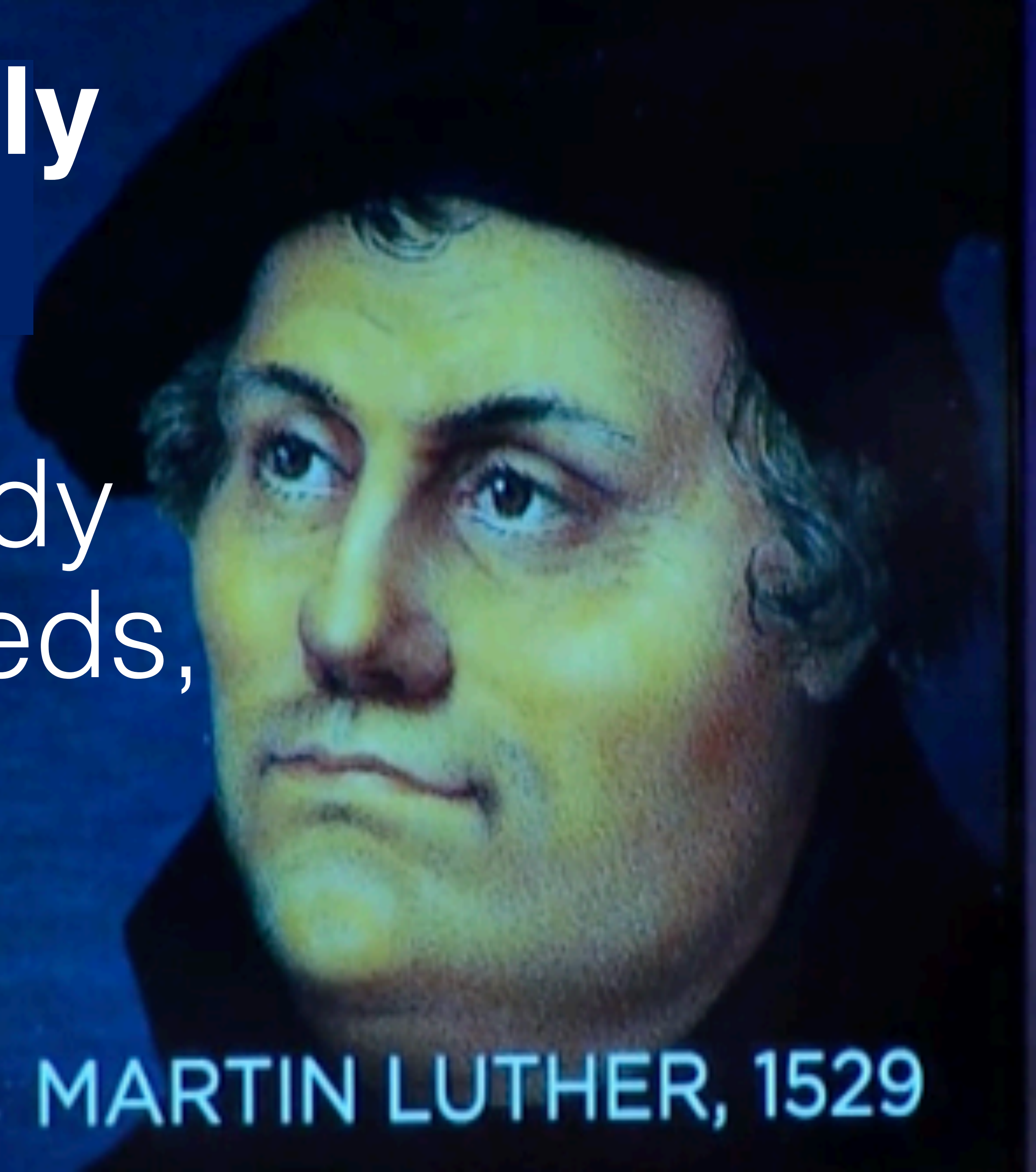
“What does ‘Daily Bread’ mean?”



MARTIN LUTHER, 1529

“What does ‘Daily Bread’ mean?”

Everything that nourishes our body and meets its needs, such as....”



MARTIN LUTHER, 1529

“What does ‘Daily Bread’ mean?”

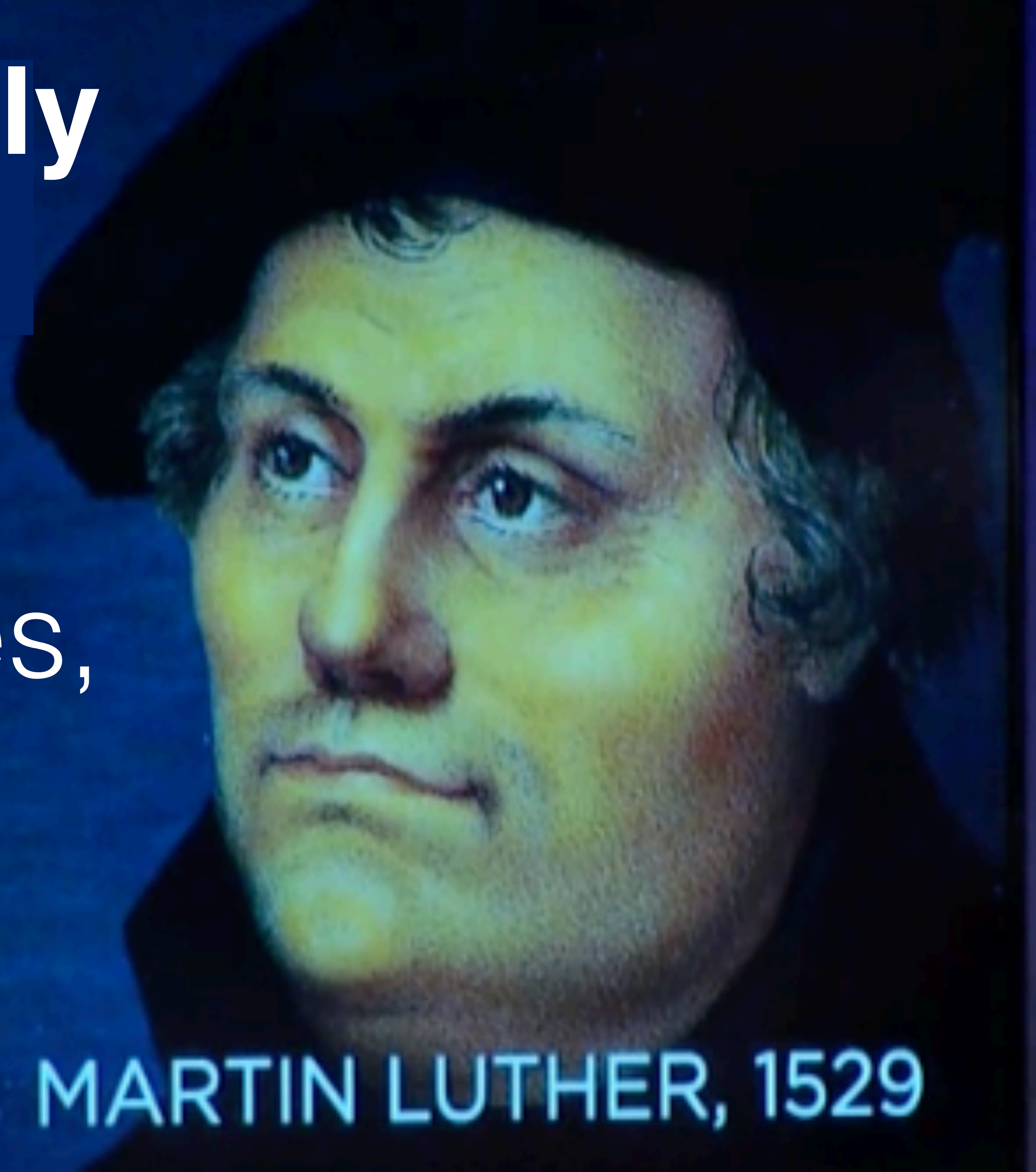
Food, drink, clothing,
shoes, house, yard,
fields, cattle, money,
possessions...”

A portrait of Martin Luther, a German theologian, philosopher, and reformer. He is shown from the chest up, wearing a black cap and a dark, high-collared garment. He has a serious expression and is looking slightly to the left of the viewer. The background is a dark, textured blue.

MARTIN LUTHER, 1529

“What does ‘Daily Bread’ mean?”

a devout spouse,
devout children,
devout employees,
devout and
faithful rulers...”

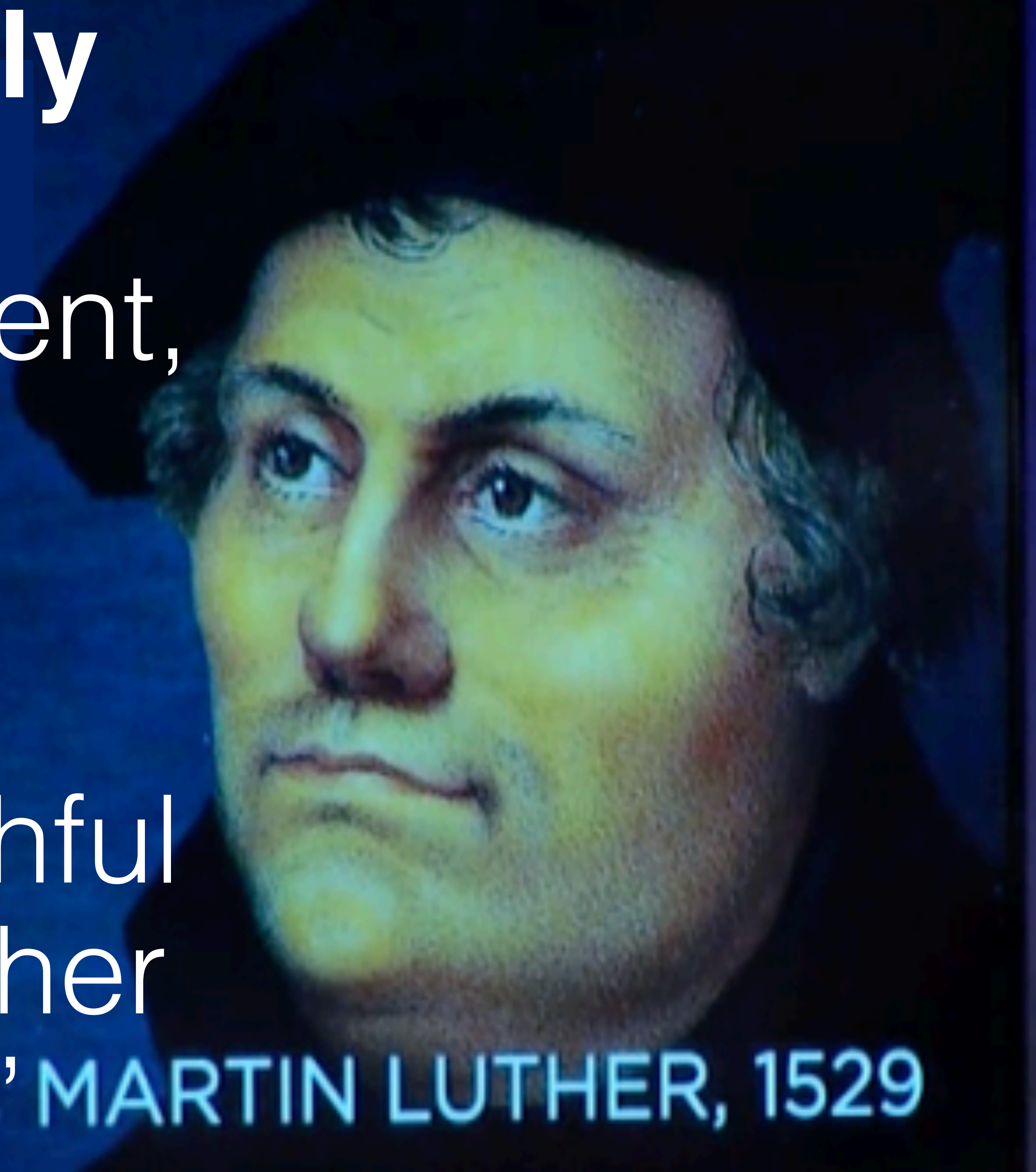


MARTIN LUTHER, 1529

“What does ‘Daily Bread’ mean?”

...good government,
good weather,
peace, health,
discipline, honor,
good friends, faithful
neighbors and other
things like these.”

MARTIN LUTHER, 1529



“What does ‘Daily Bread’ mean?”

**“God, give me today
what I will need today.”**



A medieval-style illustration depicting the biblical story of manna. In the foreground, a man with a long, curly beard and a staff looks towards the right. Behind him, a group of people and animals are gathered around a large wooden bowl filled with small, round, white objects representing manna. Some people are holding the bowl, while others are eating. In the background, a large animal, possibly a bear or a dog, is also eating from the bowl. The scene is set outdoors with some greenery visible. The word "manna" is written in a white, sans-serif font across the center of the image.

manna



“manu?”

“What is it?”

manna



**“Always
remember
this moment...”**”



**Remember to
rely upon God
day-to-day...**

**“How will I make it through
this uncertain time?”**

**“How will I make it through
this uncertain time?”**

One day at a time

**“Give us today our
daily bread...”**

A way of looking at life:

**“Give us today our
daily bread...”**

**A way of looking at life:
Daily Bread Living.**

Four Components of “Daily Bread Living”

1. Gratitude for what
God provides

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God provides

“Give us today our daily bread.”

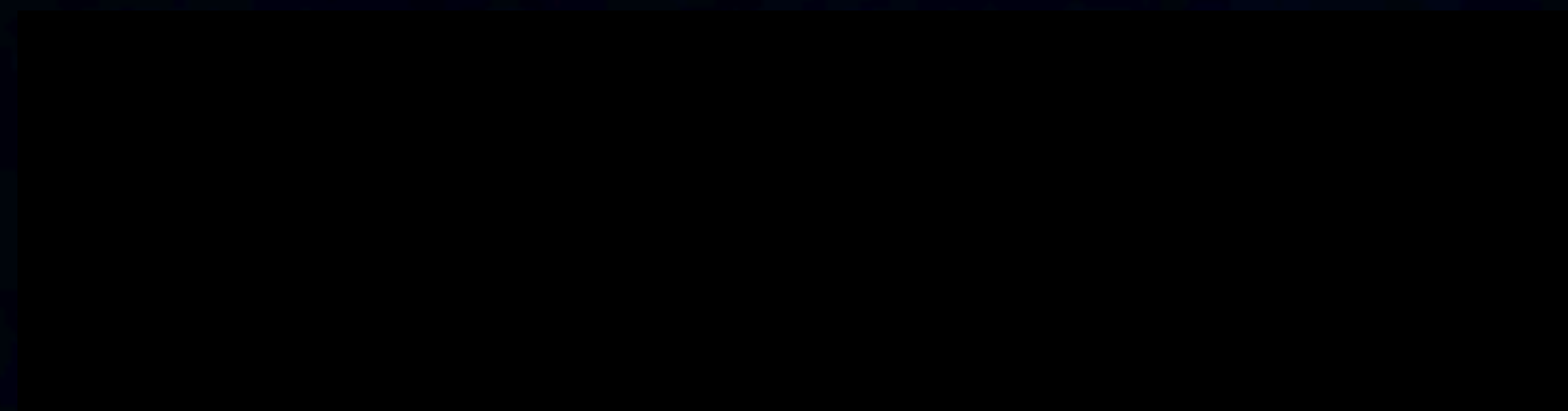
“When you have eaten and are satisfied, praise the LORD your God for the good **land he has given you.**”

(Deuteronomy 8:10, NIV)

“But who am I, and who are my people, that we should be able to give as generously as this?

Everything comes from you, and we have given you only what comes from your hand.”

(1 Chronicles 29:14, NIV)



ROBERT EMMONS

People who keep gratitude journals:

- 25% happier

A photograph of Robert Emmons, a man with a goatee and short dark hair, wearing a dark jacket over a checkered shirt. He is looking slightly to the left of the camera with a thoughtful expression. The background is dark and out of focus.

ROBERT EMMONS

People who keep gratitude journals:

- 25% happier
- Sleep + 1/2 hr/night

A photograph of Robert Emmons, a man with a beard and mustache, wearing a checkered shirt and a dark jacket. He is looking slightly to the left of the camera with a thoughtful expression. The background is dark and out of focus.

ROBERT EMMONS

People who keep gratitude journals:

- 25% happier
- Sleep + 1/2 hr/night
- Exercise + 33%/week

ROBERT EMMONS

A photograph of Robert Emmons, a man with a beard and mustache, wearing a checkered shirt, speaking into a microphone. The background is dark and out of focus.

People who keep gratitude journals:

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- Sleep + 1/2 hr/night
- Exercise + 33%/week
- Blood pressure 10% lower

ROBERT EMMONS



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- More self-confident

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People who keep gratitude journals:

- 25% happier
- Sleep + 1/2 hr/night
- Exercise + 33%/week
- Blood pressure 10% lower
- More self-confident
- More generous

ROBERT EMMONS



“

A **thankful** heart
cannot be **cynical.**”

—*A.W. Tozer*

“

Our minds are **Velcro**
for **negative** info but
Teflon for **positive.**”

—*Rick Hanson*
Neuroscientist

**2. Confidence that
God will provide**

2. **Confidence** that God will provide

“Give us **today** our **daily** bread.”



“Lord, give me **fresh strength**
to get through **this day**:
to do my work,
to raise my kids,
and even to survive!
Give me **what I need today.**”

God gives you **each day**
the grace you need for **that day**
But not always **sooner**

“Do not worry about **tomorrow**, for tomorrow will worry about itself. **Each day** has enough trouble of its own.”

(Matthew 6:34, NIV)

“Give your entire attention to what God is doing **right now**, and don’t get worked up about **what may or may not happen tomorrow**. God will help you deal with whatever hard things come up **when the time comes.**”

(Matthew 6:34, MSG)

2. **Confidence** that God will provide

“Give us **today** our **daily** bread.”

3. Contentment with how God provides

3. **Contentment** with how God provides

“Give us today our daily **bread.**”



FATHER
KNOWS
BEST



“

God always gives you
what you **would** have asked
for if **you** knew everything
He knows.”

—*Tim Keller*

During the days of Jesus' life on earth, he offered up prayers and petitions with fervent cries and tears... **he was heard** because of his reverent submission.”

(Hebrews 5:7, NIV)

Three times I **pleaded** with the Lord to take it away from me. But he said to me, “**My grace is sufficient for you**, for my power is made perfect in weakness.”

(2 Corinthians 12:8,9, NIV)

4. **Generosity** through
which God provides

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which God provides

“Give **us** today **our** daily bread.”

“

This imparts a **bigness**, a **vastness**, a **broadness** to your prayers. It takes you out of the **narrow focus** of your own problems and it **opens you up** to a whole world of people all around you.”

—*Ray Pritchard*

“Now he who supplies **seed to the sower** and **bread for food** will also supply and increase your store of seed and will enlarge the harvest of your righteousness. You will be enriched in every way **so that you can be generous...**”

(2 Corinthians 9:10, 11a, NIV)

“Give us today our daily bread.”

“Give us today our daily bread.”

Gratitude for what God provides

Confidence God will provide

Contentment with how God provides

Generosity thru which God provides

Bottom Line

Bottom Line

Daily bread means believing
God is good and will give you:
what you need,
when you need it,
how you need it,
so that you can share it

**Give us
our daily
bread...**

Matt. 6:11

THE *Lord's*
PRAYER