The Power of Encouragement

1 THESSALONIANS

2:19-3:13









Seven habits of highly encouraging people:

"Therefore **encourage** each other..."

1 Thessalonians 4:18

- "Therefore **encourage** each other..."

 1 Thessalonians 4:18
- "Therefore **encourage** one another and build each other up..." 5:11

- "Therefore **encourage** each other..."

 1 Thessalonians 4:18
- "Therefore **encourage** one another and build each other up..." 5:11
- "And we urge you, brothers...
 encourage the timid..." 5:14

1. Expect the best

"For what is our hope, our joy, our crown in which we will glory in the presence of our Lord Jesus Christ when he comes? Is it not you? Indeed, you are our glory and joy!" (1 Thes. 2:19-20)

"For what is our hope, our joy, our crown in which we will glory in the presence of our Lord Jesus Christ when he comes? Is it not you? Indeed, you are our glory and joy!" (1 Thes. 2:19-20)

"I have great confidence in you; I take great pride in you. I am greatly encouraged; in all our troubles my joy knows no bounds."

(2 Cor. 7:4)

"I am glad I can have complete confidence in you!"

(2 Cor. 7:16)

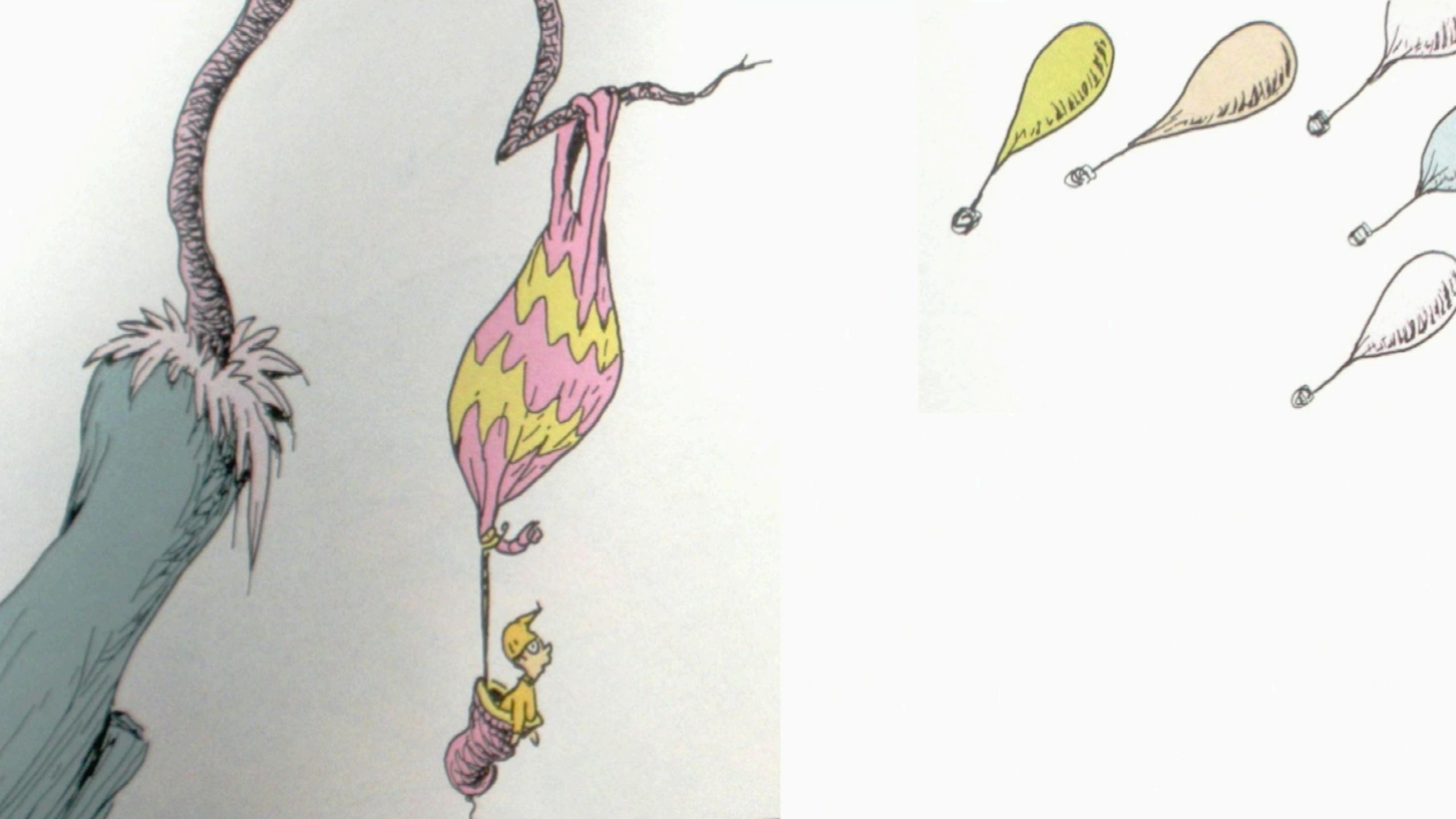
"The best leaders are more than optimists. They are futurists."

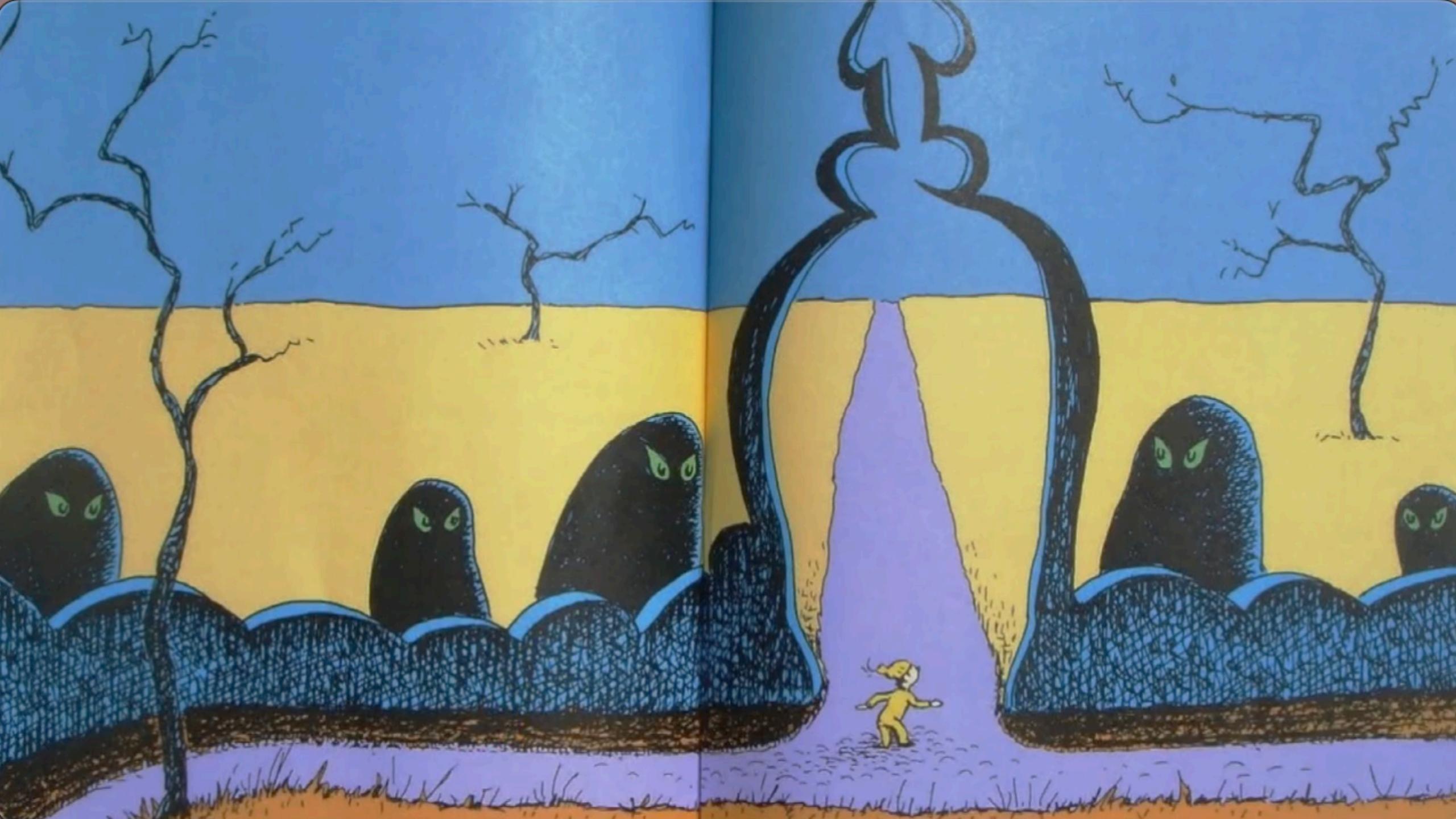
Question:

"Am I expecting the best or the worst from the people around me?"

2. Explain problems are normal







2. EXPLAIN PROBLEMS ARE NORMAL

"You know quite well that we were destined for them. In fact, when we were with you, we kept telling you that we would be persecuted. And it turned out that way, as you well know." (1 Thess. 3:2-4)

3. Expose their strengths

3. EXPOSE THEIR STRENGTHS

"Timothy has just now come to us from you and has brought good news about your faith and love... therefore, brothers..., in all our distress and persecution we were encouraged about you because of your faith." (1 Thess. 3:6,7)

4. Express your praise



4. EXPRESS YOUR PRAISE

"For now we really live, since you are standing firm in the Lord. How can we thank God enough for you in return for all the joy we have in the presence of God because of you?" (1 Thess. 3:8,9)

3 REASONS WE DON'T DO THIS

• We're embarrassed

3 REASONS WE DON'T DO THIS

- We're embarrassed
- We're distracted

3 REASONS WE DON'T DO THIS

- We're embarrassed
- We're distracted
- We're unskilled

3 KEYS TO PRAISE

Be public

3 KEYS TO PRAISE

- Be public
- Be specific

3 KEYS TO PRAISE

- Be public
- Be specific
 - Put it in writing

5. Excel in prayer

5. EXCELIN PRAYER

"Night and day we pray most earnestly that we may see you again..."

(1 Thess. 3:10)

6. Excite with a challenge

6. EXCITE WITH A CHALLENGE

"May the Lord strengthen your hearts so that you will be blameless and holy in the presence of our God and Father when our Lord Jesus comes with all his holy ones."

(1 Thess. 3:12,13)

7. Exhibit real love

7. EXHIBIT REAL LOVE

"May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you."

(1 Thess. 3:12)

The Power of Encouragement

1 THESSALONIANS

2:19-3:13