

—Sermon Notes for December 12, 2021 —

Gary Frank preaching

“The Gospel According to Paul:  
The Gift of Joy”

Experiencing Joy in All Circumstances

- ◆ Finding joy in all circumstances is hidden in this verse:  
For to me to live is Christ and to die is gain.  
(Phil. 1:21)
- ◆ Today we will unpack the truths about what Paul is communicating.
- ◆ We will discover the recipe for joy.
- ◆ To live is Christ - What does this mean? Jesus is the center point of our mind, heart, body, and soul.
- ◆ Everything we do is for his glory.
- ◆ To die is gain - what does this mean? Paul understood the postmortem benefits of Christianity.

**Paul’s Secrets to Joy in All Circumstances**

For to me, to live is Christ  
and to die is gain or loss

1. He knew who to live for. (For to me, to live is Christ - Phil 1:21)
2. He knew the benefits of eternal life. (To die is gain - Phil 1:21)
3. He knew the benefits of expressing gratitude. (Rejoice always - Phil 4:4)
4. He knew the cure for anxiety. (Do not be anxious - Phil 4:6)
5. He understood what God delivers if we follow the plan. (peace that transcends all understanding - Phil 4:7)
6. Control your thoughts. - (whatever is praiseworthy think on such things - Phil 4:8)