

LIFE GROUP DISCUSSION QUESTIONS

Nov 16

Guarding the Heart — Key Question

Sara talked about the dangers of having a divided heart (Ps. 86:11-12). She said, "Your cup can't overflow if it flows from a broken cup."

Where do you sense cracks or divisions forming in your own cup right now—places where things like depletion, fear, or comparison are quietly dividing your heart?

Proverbs 4:23 counsels us to "above all else, guard our hearts, for everything you do flows from it." What would "guarding your heart" look like in those specific spaces where it seems to be dividing?

Dangerous Holiness & Honest Community — Key Question

The story of Ananias and Sapphira confronts hypocrisy—not as punishment, but as protection for a Spirit-led community.

Where are you most tempted to "seem like" Barnabas without truly "being like" Barnabas?

How might honest confession or vulnerability restore integrity in that area?

Divided Heart vs. Undivided Heart

Sara's scenarios highlight how ordinary frustrations reveal where our hearts trust—or fear—most deeply.

Think about one ordinary moment this past week when your inner response surprised you—good or bad.

What does that response reveal about what your heart trusts (or fears) in that moment?

Wonder → Trust → Honesty → Attention → Gratitude — Key Question

Sara's five-part "virtuous cycle" begins with wonder and ends in worship.

Which of these five movements comes most naturally to you, and which one feels most foreign right now?

What might it look like to practice that missing step in a simple, repeatable way this week?

Life With the Spirit

The passage ends with healing, boldness, and a community alert to the Spirit's presence.

Where have you recently sensed the nudge, whisper, or shadow of the Spirit—and what kept you from responding or moved you to respond?

How might paying attention reshape the way you move through your days?