

# LIFE GROUP DISCUSSION QUESTIONS

March 1

## The Shift in Perspective

- Big idea check: What do you think Sara most wanted the church to understand about scarcity in the wilderness?
- Sara used Escher's Relativity to describe wilderness disorientation ("Which way is up?"). As a metaphor, what does that image help you see about how scarcity affects our thinking and relationships?
- In Exodus 15–16, the Israelites move quickly from celebration to grumbling. What do you think shifts inside a person/community when life turns from "story" to "survival"?
- Sara framed grumbling as more than complaining—it can become distrust. How would you distinguish lament (honest sorrow) from grumbling (faithless spiraling) in a way that's actually useful?

## The Four Practices (Sara's "WAYS/WAZE")

- Name it: Why does naming matter? What changes—internally or communally—when we can say, "This is wilderness / this is scarcity"?
- Remember God's faithfulness: Why is remembering so central in Scripture? What kinds of practices help a community remember in ways that don't become "spiritual wallpaper"?
- Repent (turn back): Sara described repentance as reorienting toward God when fear pulls us away. What are common "fear responses" that masquerade as wisdom or maturity?
- Pray in the middle voice: How is "consenting participation" different from passivity or control? What might "middle-voice prayer" sound like in everyday language?

## The Application

- Sara discovered a "path" hidden inside an impossible shape (Penrose Triangle). What do you think it means to look for "a path" in wilderness seasons—without demanding instant clarity?
- Group reflection: If a church took these four practices seriously during Lent, what would you expect to change in the culture of the community (tone, relationships, hope, generosity, patience, etc.)?