

# LIFE GROUP DISCUSSION QUESTIONS

March 22nd

1. Whitney talks about how the wilderness reveals what's already inside us—especially the lies we've started to believe. When you think about how subtle and persistent those lies can be—and how they shape the way we see ourselves, others, and God over time—what stands out to you about how powerful they are?
  - a. Why do you think Scripture treats lies as such a serious thing, even calling Satan the “father of lies”?
  - b. We live in a time where lies show up everywhere—advertising, politics, media—and often feel expected or even normal. In light of how powerful lies can be, what concerns you about how comfortable our culture has become with them?
2. The temptations Jesus faced weren't obviously bad—they were good things offered in distorted ways. Where do you see that same kind of tension in everyday life—where something like success, comfort, control, security, or even spirituality can be good, but subtly begins to distort what's true or pull us away from trusting God?
3. Whitney describes solitude as both a place of formation and something many of us avoid.
  - a. In your current season of life, what makes it difficult to find space to be alone and quiet with God?
  - b. Beyond just busyness, why do you think people tend to avoid silence and solitude?
4. Where might there already be small, overlooked opportunities in our daily lives to experience moments of quiet with God?