

The Flow of Personal Growth

Starts with a conscious awareness of:

- our poverty of spirit (Beatitude 1: Poor)
- …leads to sober self awareness (Beatitude 2: Mourn) …
- ...and use of strengths to serve others (Beatitude 3: Meek) ...

This creates

…a hunger for God's transformation (Beatitude 4: Holy Desire).

The Flow of Personal Growth

Beatitude 4: Holy Desire

- ... This hunger and thirst for righteousness produces...
- ... non-judgmental, generous attitude (Beatitude 5:MERCY)
- ... and a simplicity and authenticity of inner life (Beatitude 6:PURITY)
- ... that spreads peace (Beatitude 7:PEACE), but...

As this change becomes visible...

... it attracts persecution (Beatitude 8:TRUTH).

"You have heard that it was said to the ancient ones, 'You shall not murder;' and 'Whoever murders will be in danger of the judgment.' But I tell you, that everyone who is angry with his brother without a cause will be in danger of the judgment; and whoever says to his brother, 'Raca!' will be in danger of the council; and whoever says, 'You fool!' will be in danger of the fire of Gehenna.

Matthew 5:21-23

"If therefore you are offering your gift at the altar, and there remember that your brother has anything against you, leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift. Agree with your adversary quickly, while you are with him on the way; lest perhaps the prosecutor deliver you to the judge, and the judge deliver you to the officer, and you be cast into prison. Most certainly I tell you, you shall by no means get out of there, until you have paid the last penny.

Matthew 5:24-26

Psalm 34:11-18

Come, you children, listen to me. I will teach you the fear of Yahweh. Who is someone who desires life, and loves many days, that he may see good?

Keep your tongue from evil, and your lips from speaking lies.

Depart from evil, and do good. seek peace, and pursue it.

Yahweh's eyes are toward the righteous. His ears listen to their cry.

Yahweh's face is against those who do evil, to cut off their memory from the earth.

The righteous cry, and Yahweh hears, and delivers them out of all their troubles. Yahweh is near to those who have a broken heart, and saves those who have a crushed spirit.

Bavia Metzia 58b

RECORDS A DISCUSSION ABOUT PRACTICES IN ISRAEL (BY JEWS IN BABYLON)...

Abaye said to Rabbi Dimi: In the West, [the Land of Israel], with regard to what mitzva(precept) are they particularly vigilant?

Rabbi Dimi said to him: They are vigilant in refraining from humiliating others, as Rabbi Ḥanina says: Everyone descends to Gehenna except for three...

Name calling is severe and makes you liable to Gehenna..

Bavia Metzia 58b continues...

CITING A PREVIOUS DEBATE, RECORDED IN THE GEMARA, TO CHALLENGE THE ASSUMPTION THAT ONLY NAME CALLERS DESCEND TO GEHENNA...

The Gemara asks: Does it enter your mind that everyone descends to **Gehenna**? So rather, say: Anyone who descends to **Gehenna** ultimately ascends, **except for three who descend and do not ascend**, and these are they: **One who engages in intercourse with a married woman**, ... and **one who humiliates another in public**; and **one who calls another a derogatory name.** ...