

Key Takeaways and Discussion Questions



Key Takeaways:

1. Jethro, Moses' father-in-law, demonstrated wisdom in advising Moses to delegate responsibilities.
2. There's a difference between being "older" and being an "elder."
3. Eldering is intentional and involves processing life experiences positively.
4. True elders offer wisdom, guidance, and support to others.

Discussion Questions:

1. What stood out to you most from the sermon about Jethro and his advice to Moses?
2. How do you see the difference between simply growing older and becoming an elder play out in your own life or the lives of those around you?
3. The sermon mentioned four characteristics of elders. Which of these resonates most with you and why? a) Experienced significant challenges and setbacks b) Processed experiences positively c) Developed a deeper sense of self and purpose d) Become a source of guidance and support
4. How can we cultivate a mindset of "necessary suffering" that leads to growth rather than bitterness?
5. In what ways do you see our society lacking true elders? How might this impact younger generations?
6. Reflect on a time when you received wisdom from an elder in your life. How did it impact you?

7. The sermon mentions that elders "live simply so that others can simply live." What do you think this means, and how can we apply it to our lives?

Practical Applications:

1. Identify an area of your life where you've experienced challenges. Spend time this week reflecting on how you can process this experience positively.
2. Choose one way you can intentionally mentor or guide someone younger than you this week.
3. Practice being a "mirror" for others by actively listening without trying to impress or dominate conversations.
4. If you're in the second half of life, consider ways you can serve the common good in your community.
5. Regardless of your age, reflect on how you can cultivate the qualities of an elder in your current life stage.