



Foundations

FOR LIFE

BELONG - BELIEVE - BECOME

LIFECONNECT
DISCIPLESHIP



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Introduction to Foundations for Life

Foundations for Life is a four-week discipleship journey designed to help you build a strong, lasting foundation in your relationship with Jesus Christ. Whether you are new to faith, have recently rededicated your life, or simply want to grow deeper spiritually, this class will help you understand the essential truths every believer needs.

This class is the first step in Life Connect, our discipleship pathway built around three key movements: **Belong, Believe, and Become.**

You will discover what it means to **Belong** to Christ and His Church, **Believe** in His Word and grow in your relationship with Him, and **Become** the person God created and called you to be through the power of the Holy Spirit.

Each week builds on the next, helping you understand salvation, learn how to grow through God's Word and prayer, discover the role of the Holy Spirit, and understand why the Church is essential to your spiritual growth.

Foundations for Life is the beginning of your journey to live fully connected to Christ, His Church, and His purpose for your life.

Following Jesus – Home Study Tracker

Use this tracker to complete each reading and video during your Foundations for Life journey. Check each box as you complete the chapter and video.

- Introduction Chapter: A New Life
- Introduction Video
- Essential 1: Prayer & Worship – Chapter
- Essential 1: Prayer & Worship – Video
- Essential 2: The Bible – Chapter
- Essential 2: The Bible – Video
- Essential 3: Water Baptism – Chapter
- Essential 3: Water Baptism – Video
- Essential 4: The Holy Spirit – Chapter
- Essential 4: The Holy Spirit– Video
- Essential 5: The Church – Chapter
- Essential 5: The Church – Video
- Essential 6: Sharing Your Faith – Chapter
- Essential 6: Sharing Your Faith – Video
- Essential 7: Loving People – Chapter
- Essential 7: Loving People – Video

Name: _____

Date Completed: _____

Signature: _____

WEEK 1: WHAT IS SALVATION?

LIFE CONNECT IN ACTION

Salvation begins the Life Connect Journey.

BELONG

You belong to Christ.

You are adopted into God's _____.

You are no longer an outsider.

BELIEVE

You grow in confidence in what _____ has done.

Faith begins shaping your identity.

BECOME

The Holy Spirit transforms you.

You step into calling, _____, and Christlikeness.

Salvation is the doorway to transformation.

WHAT IS SALVATION?

Salvation is:

Forgiveness of _____

Deliverance from judgment

Reconciliation to _____

The New birth

Eternal _____

A restored relationship with the Father

Salvation is not church membership, moral improvement, or religious effort.

We are saved by _____ through faith — not by works.

WHY DO WE NEED SALVATION?

Sin is not just something we do — it is a condition we are born into.

We were spiritually separated from _____.

The wages of sin is _____.

A dead person cannot save themselves.

We needed rescue.

Sin is universal.

All have _____ and fall short of the glory of God.

Salvation is necessary for every person.

GOD'S ANSWER: JESUS CHRIST

Jesus is fully God and fully man.

Jesus is the Word made _____.

Jesus lived a sinless life and became our substitute.

The Gospel is simple:

Jesus _____

Was buried

Rose again

Because He lives, we can live.

WE MUST BE BORN AGAIN

Salvation is not behavior modification.

It is spiritual _____.

When we are born again:

We become a new _____

The Holy Spirit begins transforming us.

Being born again is the doorway to everything God has for us.

HOW DO WE RECEIVE SALVATION?

Repent — Turn from sin and toward _____.

Believe — Trust fully in _____ Christ.

Confess — Publicly declare Him as _____.

WHAT ARE WE SAVED FOR?

We are saved from judgment, separation, and spiritual death.

We are saved for:

Relationship with _____

Purpose on _____

A calling on our life

Good _____

Everlasting life

We are restored to life, purpose, and eternity with Christ.

WATER BAPTISM AND COMMUNION

Water baptism does NOT save us.

It is a public declaration and an act of obedience.

Communion is a remembrance.

It celebrates the finished work of _____.

DISCUSSION QUESTIONS

1. What were you saved from?

2. What does being “born again” mean in your own words, but from a Biblical perspective?

3. What are you saved for?

4. Why is baptism important but not saving?

5. Which Life Connect step are you stepping into right now - Belong, Believe, or Become?

MEMORY VERSES

Students should memorize:

- Romans 6:23
- Ephesians 2:8–9
- 2 Corinthians 5:17
- John 3:3
- Romans 10:9

NOW WHAT?

1. Rest in grace — you don't earn God's love.
2. Begin daily prayer.
3. Start reading Scripture
4. Complete Week 1 Reading Plan in the app
5. Continue the Life Connect journey.

WEEK 1 READING PLAN – 7 ESSENTIALS TO FOLLOWING JESUS (You can access all material through the app)

Week 1

Read:

Introduction: A New Life

Essential 1: Prayer & Worship

Watch:

Introduction Video

Session 1 Video

WEEK 2: YOU HAVE A DIRECT LINE TO GOD

LIFE CONNECT IN ACTION

God's Word and prayer sustain your Life Connect Journey.

BELONG

You belong to God's family.

BELIEVE

Your faith is strengthened as you learn and apply God's _____.

BECOME

Through prayer and obedience, God transforms your life.

THE WORD OF GOD

The Word of God is your foundation.

The Rock represents the _____ of God.

The sand represents emotion and opinion.

God's Word never _____.

The Word is your anchor.

HOW WE GROW THROUGH THE WORD

Scripture is given by inspiration of God.

We grow by:

Hearing the _____

Reading the _____

Meditating on the _____

Man shall not live by bread alone but by every word of God.

PRAYER

Prayer is communication with _____.

It is not a performance. It is a relationship.

Because of Jesus, you have direct _____ to God.

HOW DO WE PRAY?

Adoration — Praise God for who He is.

Confession — Receive _____.

Thanksgiving — Express gratitude.

Supplication — Bring your _____ to God.

THE RESULT OF PRAYER

Prayer strengthens your relationship with God.

Prayer brings _____.

Prayer builds trust.

DISCUSSION QUESTIONS

1. What does it mean to build your life on the Word?

2. Why is prayer important?

3. How can you begin reading the Bible daily?

4. What step can you take this week to grow spiritually?

MEMORY VERSES

Students should memorize:

- Matthew 7:24–25
- 2 Timothy 3:16
- Philippians 4:6–7
- Hebrews 4:16

NOW WHAT?

1. Begin daily Bible reading.
2. Begin daily prayer.
3. Attend church regularly.
4. Complete Week 2 Reading Plan in the app
5. Continue the Life Connect journey.

WEEK 2 READING PLAN – 7 ESSENTIALS TO FOLLOWING JESUS (You can access all material through the app)

Week 2

Read:

Essential 2: The Bible

Essential 3: Water Baptism

Watch:

Session 2 Video

Session 3 Video

WEEK 3: THE HOLY SPIRIT

LIFE CONNECT IN ACTION

The Holy Spirit empowers you for the Life Connect Journey

BELONG

The Holy Spirit confirms that you belong to God.

BELIEVE

The Holy Spirit teaches you truth.

BECOME

The Holy Spirit _____ you.

WHO IS THE HOLY SPIRIT?

He is the Third Person of the _____.

He is fully God.

He is a Person.

He has a mind, emotions, and a _____.

He is someone you know.

HOW THE HOLY SPIRIT WORKS

He reveals _____.

He transforms us.

He confirms our identity as children of God.

You are a _____ of God.

THE HOLY SPIRIT IS THE POWER

You were sealed with the Holy _____.

You shall receive _____.

He empowers believers to live boldly.

WHY WE NEED THE HOLY SPIRIT

He gives power to _____.

He helps us overcome _____.

He produces fruit in our lives.

DISCUSSION QUESTIONS

1. Who is the Holy Spirit?

2. What does the Holy Spirit do in your life?

3. How does the Holy Spirit help you know you are a child of God?

4. How can you grow in your relationship with Him?

MEMORY VERSES

- Romans 8:14
- Romans 8:16
- Acts 1:8
- Ephesians 1:13

NOW WHAT?

1. Begin asking the Holy Spirit to lead you daily. (Romans 8:14)
2. Yield your life to Him. (Galatians 5:16)
3. Continue growing in the Word and prayer.
4. Complete Week 3 Reading Plan in the app
5. Continue your Life Connect journey.

WEEK 3 READING PLAN – 7 ESSENTIALS TO FOLLOWING JESUS (You can access all material through the app)

Week 3

Read:

Essential 4: The Holy Spirit

Essential 5: The Church

Watch:

Session 4 Video

Session 5 Video

WEEK 4: WHY THE CHURCH IS ESSENTIAL

LIFE CONNECT IN ACTION

Spiritual Gifts Are Given to Every Believer

BELONG

You belong to God's Church.

BELIEVE

Your faith grows in _____.

BECOME

You serve and fulfill your purpose.

THE CHURCH IS THE BODY

Jesus is the _____.

We are the body.

Every believer has a place.

You are meant to be a participant.

CHURCH ATTENDANCE IS ESSENTIAL

We are encouraged.

We are strengthened.

We grow spiritually.

Church attendance is essential.

SERVING IS A KINGDOM PRINCIPLE

We are saved by grace.

Saved people _____.

Faith without _____ is dead.

Serving is an expression of love.

Jesus is our example.

GIVING IS A KINGDOM PRINCIPLE

Giving advances God's mission.

Giving supports the _____.

Giving aligns our hearts with God.

THE KINGDOM RHYTHM

PRAY — Connecting to the Head

GIVE — Investing in the _____

ENCOUNTER — Helping others encounter Jesus

WE ARE CALLED TO LIVE ON MISSION

We are His _____.

We are ambassadors.

We share Jesus.

DISCUSSION QUESTIONS

1. Why is church attendance important?

2. Why does God ask us to give?

3. How can you serve?

4. Who can you share Jesus with?

MEMORY VERSES

Students should memorize:

- Hebrews 10:25
- Malachi 3:10
- 1 Corinthians 12:27
- Matthew 28:19

NOW WHAT?

1. Attend church faithfully.
2. Begin to serve and give faithfully.
3. Live on mission.
4. Complete Week 4 Reading Plan in the app
5. Continue your Life Connect journey.

WEEK 4 READING PLAN – 7 ESSENTIALS TO FOLLOWING JESUS (You can access all material through the app)

Week 4

Read:

Essential 6: Sharing Your Faith

Essential 7: Loving People

Watch:

Session 6 Video

Session 7 Video

Summary and Next Steps

Over the past four weeks, you have learned the foundational truths of the Christian faith. You have discovered what salvation means, how to grow through God's Word and prayer, how the Holy Spirit lives and works in you, and why the Church is essential to your spiritual life.

Foundations for Life is just the beginning.

God has called you not only to believe in Him, but to belong to His family and become who He created you to be. Spiritual growth happens as you take your next steps of faith and continue walking in obedience to Him.

We invite you to join our Next Step Class, where you will learn more about becoming a member of the church and discover opportunities to serve and use your gifts. Serving allows you to be part of what God is doing and helps you grow as a disciple.

If you have not yet been baptized, we encourage you to take that step. Water baptism is a public declaration of your faith and an important act of obedience in following Jesus.

We also invite you to begin tithing and giving. Your generosity is an act of worship and a way to partner with the church in spreading the Gospel and reaching others with the message of Jesus Christ.

Most importantly, continue your journey of following Jesus. Stay connected through prayer, reading God's Word, being part of the Church, and allowing the Holy Spirit to lead your life.

This is your journey to Belong, Believe, and Become.

Your foundation has been laid. Now it is time to build.