

Rooted to Grow

I. The Christian Life _____ and _____ the Same Way.

II. Roots Come Before _____.

III. Depth Produces _____.

IV. The Fullness of Christ _____ Growth.

V. _____ Is the Beginning of a Fruited Life.

VI. What This Means for _____:

Group Questions

1. When you hear the phrase “rooted and built up in Christ,” what images or emotions come to mind? Why do you think Paul chose these metaphors?
2. Paul says we are to “walk in Christ” the same way we received Him. In what ways do Christians sometimes drift from receiving grace into trying to achieve growth?
3. The sermon emphasized that what is hidden determines what is visible. What are some “hidden” spiritual roots that most shape your faith right now—for better or worse?
4. Think about a season of pressure, doubt, or difficulty in your life. How did your spiritual depth (or lack of it) affect the way you responded?
5. Colossians 2:8 warns about being taken captive by ideas that are not according to Christ. What kinds of voices or messages today most threaten to pull Christians away from Christ-centered thinking?
6. Paul insists that believers are already filled in Christ. Why is it so hard to live as though this is true? Where are we most tempted to believe that Christ is “not enough”?
7. The sermon suggested that shallow roots often show up as anxiety, comparison, or constant striving. Which of those do you most recognize in yourself—and what might that reveal about your roots?
8. Paul describes gratitude as a mark of spiritual maturity. How does thankfulness reveal what we believe about God’s sufficiency in our lives?
9. What specific rhythms, habits, or practices have helped you grow deeper in Christ rather than just busier for Him? Which ones might God be inviting you to reclaim or begin?
10. The sermon emphasized that the church’s role is to cultivate depth, not manufacture growth. How can this group help one another grow deeper roots in Christ in the weeks ahead?