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NOTES: _____

Group Questions

1. How does the gospel humble you? Paul admits he hasn't "arrived" spiritually. Why is it hard for us to be honest about our shortcomings?
2. What is the prize that Paul pursues in verse 14? What does it mean to "press on toward the goal" in your daily life? What might that look like for you this week?
3. Why do we need passion and discipline to grow in spiritual maturity? What's one spiritual area where you know you need to grow? How can the group encourage you in that?
4. Do you use past victories and successes as an excuse not to make every effort in the present? Pause and ask the Lord for freedom from this sin.
5. Paul was a "one-thing" guy (v. 13). What would people who know you well say is your "one thing"?
6. What one change could you make in order to pursue the one thing that matters the most?
7. Who has been a spiritual role model in your life, and what did you learn from them? What kind of example are you setting for those who may be watching your walk with Jesus?
8. What are some characteristics of the "enemies of the cross" in verse 18?
9. In what ways is your church a little colony of the kingdom of heaven? What does it look like to live as a citizen of heaven while still navigating life on earth?
10. How should the promise of Jesus' return affect the way you live your life? Is there a past mistake or regret that you find hard to let go of? How does the gospel help you move forward?