

Pray from \_\_\_\_\_.

Pray in the \_\_\_\_\_ of Christ.

Pray with \_\_\_\_\_.

### Group Questions

1. What was your relationship with your Father? How do you think that has impacted the way you view God as Father?
  - a. Paul said he bows his knees in prayer... how and where do you pray most often? Why have you made this your prayer habit?
  - b. Who taught you to pray? Who has been the biggest impact on your prayer life?
2. What prompts Paul to pray with such humility and gratitude?
  - a. Is this ever a struggle for you? if so when and why?
3. What might it look like to you to be [how would you describe being] strengthened with power through His Spirit in your inner being?
  - a. Same questions as above applied to “rooted and grounded in love.”
4. Why do verses 20–21 encourage us to pray with great expectations?
  - a. Why should we pray for God to do amazing things, according to verse 21?
  - b. How does your prayer life need to change to reflect Paul’s understanding?
5. What is one thing you want God to exceedingly abundantly do according to His power that we can pray for this week?
  - a. Spend some time praying together as a group [maybe use this section of scripture as a prayer template].