

Why did (do) we _____ like we did (do)?

- a. Our natural minds are _____ and _____.
- b. This is due to our _____.
- c. Therefore we _____ what we _____.

What can _____ this?

- a. Jesus is the only one who can change this.
- b. He does this by _____.
- c. The old you is _____ and the new you is _____.
- d. This change is one _____ that bears fruit _____.

What does that look like _____?

- a. We put off _____ and practice _____.
- b. We put off _____ and practice _____.
- c. We put off _____ and instead practice _____.
- d. We put off _____ talk and practice _____.
- e. We put off _____ and _____ and practice _____.
- f. We put off _____ and put on _____, _____, and _____.

Group Questions

1. Which of the cross-references on the “new set of clothes” metaphor (Job 29:14; 40:10; Pss 93:1; 104:1; 132:9; Rom 13:12b, 14a; Gal 3:27; Col 3:9b–10) provides you with the most encouragement or motivation?
2. How does Paul explain the process of personal change? Does it happen by “trying harder” or by becoming a new creation?
 - a. How do you struggle with this? Where do you “try harder”?
3. How does this passage show the importance of relationships in the Christian life?
4. Explain the theological reasons that undergird each of these ethical exhortations (4:25–32).
 - a. How are these ethical exhortations (4:25–32) reflected in the life of Jesus?
5. As a group distinguish between righteous anger and unrighteous anger.
6. What is your philosophy of work? How does working for money fit into the meaning of life? How does this passage inform your opinion?
7. What characters in movies or television reflect the good and bad speaking habits of verses 29, 31, and 32?
8. How does one “grieve the Holy Spirit”?
9. What does 4:32 say about forgiveness? Do you need to forgive anyone?