WEEK 2

Fruit of the Spirit

November 1 · Galatians 5:16, 22–23

Discipleship questions for table groups, huddles, or one-on-one conversations.

1. Of the nine qualities — love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control — which comes most naturally to you, and which do you wrestle with most?

2. Paul says fruit grows; it isn't manufactured. Where have you been straining to produce a quality in your own strength instead of staying connected to the source?

3. Think back five years. What fruit has actually grown in you since then — and what does that tell you about how this kind of change really works?

4. Who in your life would be honest enough to tell you which of the nine is least visible in you right now? Are you willing to ask them?

5. Think of the person who tests your patience or gentleness the most. What would it look like to respond to them this week in a way that's clearly not your own effort, but the Spirit's fruit on display?