

OUR PRAYER FOR YOU

May the prayers included in this booklet, help you in building your own prayer book, merging the truth of the Gospel with the traditions and history included in these prayers, and encompassing your personal quiet time with the God who desires to speak with you.

Pastor Marty Williams



PRAY

Applying Liturgical Prayers
in Your Personal Prayer Time

BETTER

2nd Edition

A LITURGY FOR MORNING PRAYER

Address

Father God, creator of Heaven and earth, God of Abraham, Isaac, and Jacob; God of Israel, God and Father of our Lord and Savior Jesus Christ, True and living God who is Father, Son, and Holy Spirit, Have mercy on us and hear our prayer.

First Prayers

O Lord, open our lips.
And our mouth shall proclaim your praise.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Hallelujah.**

O God make speed to save us
O Lord, make haste to help us.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Hallelujah.**

Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me a sinner.

Jesus, I let go of my need to be safe and secure.
Welcome.

Jesus, I let go of my need to be approved of and
accepted. Welcome.

Jesus, I let go of my need to control this person or event.
Welcome.

Jesus, I let go of my need to change reality and receive it
as it is. Welcome.

I love you here, Jesus, in my soul's heartache. I give you
my longing for life to be good. I open my heart and soul
to the river of life. Let it flow in me, through me, and all
around me-restoring, renewing and healing me. You
alone are the life I seek, and I welcome your river into
my soul. I receive the river of your life in me. Thank you,
Father!

Reveal your glory to me

I ask for your Spirit without measure

May your grace and peace be my thoughts

May your grace and peace be my words

May your grace and peace be my life

I am the Lord's servant; may your words to me be fulfilled

Thank you, Father, for overdoing it

PRAY THROUGHOUT

Lord, here I am in all my humanity

What do you have for me today?

Jesus, I'm coming back to you

Confession of Sin

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name.

Amen.

Psalm for the Day

Gospel Reading

Apostles Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,

who was conceived by the Holy Spirit

and born of the virgin Mary.

He suffered under Pontius Pilate,

was crucified, died, and was buried;

he descended to hell.

The third day he rose again from the dead.

He ascended to heaven

and is seated at the right hand of God the Father

almighty.

From there he will come to judge the living and
the dead.

I believe in the Holy Spirit,
the holy catholic* church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

**that is, the true Christian church of all times and all
places*

Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me a sinner.

Psalm 23

The LORD is my shepherd; I shall not want.
He makes me lie down in green pastures.
He leads me beside still waters.
He restores my soul.
He leads me in paths of righteousness
for his name's sake.
Even though I walk through the valley of the
shadow of death,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.
You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

I cover myself with the blood of the lamb
I circle myself with the light of the cross
In the name of Jesus Christ
Let me fall into no sin this day
Nor run into any kind of danger

Father, I release my life to you
I trust you to determine what is in my best interest
I trust your right and wrong

Jesus, help me be fully aware of the lies of this world,
the lies of the evil one, and the lies I tell myself
Abba Father, everything is possible for you

Jesus, I love you

Jesus, I worship you

Jesus, I trust you

Jesus, I believe you

Father-Jesus-Holy Spirit, grant me favor with the right
people and you. Lead me to live in your will for my life

Search me, Lord, and know me

Reveal to me my sin

Help me, Jesus, to know when to retreat into your love
and when to engage with people

ADDITIONAL PRAYERS

May I remember who you are and who I am

Father-Jesus-Holy Spirit, I give you everyone and everything

Help me be aware of your presence throughout this day

Restore my union with you in body and soul

I am chosen

I am redeemed

I am holy and blameless

I am forgiven

I am adopted to reign

I am sealed with your Spirit

I have value-goodness-power and authority because of your life-death-burial-resurrection and promised return.

Jesus, help me in this day live from my spirit that is one with you and not from my wounded soul.

Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the house of the LORD
forever.

Psalm 91:1-2

He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty.
I will say of the Lord, "You are my refuge and my
Fortress: my God, in whom I trust."

Psalm 103:1-5

Bless the LORD, O my soul:
And all that is within me, bless his holy name.
Bless the LORD, O my soul,
And forget not all his benefits:
Who forgives all thine iniquities;
Who heals all your diseases;
Who redeems your life from the pit;
Who crowns you with lovingkindness and tender
mercies;
Who satisfies you with good things;
So that your youth is renewed like the eagle's.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation;
but deliver us from the evil one.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen

Jesus Prayer

**Lord Jesus Christ, Son of God,
have mercy on me a sinner.**

Lord's Prayer (Expanded)

Our Father, Holy Father, Abba Father, in the
heavens,
Hallowed, holy, sacred be your name.
From the rising of the sun, to the going down of the
same,
The name of the Lord is to be praised.
Great is the Lord and greatly to be praised.
Holy, holy, holy is the Lord God of hosts,
The whole earth is full of your glory.
Holy, holy, holy is the Lord God almighty,
Who was and is and is to come.

Thy kingdom come, thy will be done,
On earth as it is in heaven.
Thy government come, thy politics be done,
On earth as it is in heaven.
Thy reign and rule come, thy plans and purposes be
done,
On earth as it is in heaven.
May we be in anticipation of the age to come.
May we embody the reign of Christ here and now.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from the evil one.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen

Lord have mercy.

Lord have mercy.

Christ have mercy.

Lord have mercy.

Confession of the Mystery

Christ has died.

Christ is risen.

Christ will come again.

Jesus Prayer

Lord Jesus Christ, Son of God, Have mercy on me.

bless the dying, soothe the suffering, pity the afflicted,
shield the joyous; and all for your love's sake. **Amen.**

Silence

Trisagion Prayers

O Heavenly King, the Paraclete, the Spirit of Truth,
Who art everywhere and filling all things, Treasury
of Good and Giver of Life, come and abide in us, and
cleanse us from every impurity and save our souls,
O Good One.

**Holy God, Holy Mighty, Holy Immortal, have mercy
on us (3x)**

**Glory to the Father, and to the Son, and to the Holy
Spirit, Now and ever and to the ages of ages. Amen.**

All-Holy Trinity, have mercy on us. Lord forgive us our
sins.
Master, pardon our transgressions. Holy One, visit
and heal our infirmities for your name's sake.

**Lord have mercy.
Lord have mercy.
Lord have mercy.**

Give us day by day our daily bread.
Provide for the poor among us.
As we seek first your kingdom and your justice,
May all we need be provided for us.
Forgive us our trespasses as we forgive those who
trespass against us.
Forgive us our sins as we forgive those who sin
against us.
Forgive us our debts as we forgive our debtors.
Transform us by the Holy Spirit into a forgiving
community of forgiven sinners.
Lead us not into trouble, trial, tribulation or
temptation.
Be mindful of our frame, we are just dust,
We can only take so much.
Lead us out of the wilderness into the promised
land that flows with milk and honey,
Lead us out of the badlands into resurrection
country.
Deliver us from evil and the evil one.

Save us from Satan, the accuser and adversary.
So that every tongue that rises against us in
accusation you will condemn.
So that every fiery dart of the wicked one is
extinguished by the shield of faith.
So that as we submit to you and resist the devil, the
devil flees.
So that as we draw near to Jesus Christ lifted up,
His cross becomes for us the center, the very core
of love expressed in forgiveness, the only true hope
of the world;
And the devil, who became the false ruler of the
fallen world,

Is driven out from among us.
For thine is the kingdom and the power and the
glory, forever.
Amen.

Petition and Intercession

Silence

Prayer to the Crucified Christ

Lord Jesus Christ, you stretched out your arms of
love on the hard wood of the cross that everyone
might come within the reach of your saving
embrace: So clothe us in your Spirit that we,
reaching forth our hands in love, may bring those
who do not know you to the knowledge and love of
you; for the honor of your Name. **Amen.**

The Beatitudes

Blessed are the poor in spirit,
For theirs is the kingdom of heaven.

Blessed are those who mourn,
For they shall be comforted.

Blessed are the meek,
For they shall inherit the earth.

Blessed are those who hunger and thirst for justice,
For they shall be satisfied.

The Almighty has done great things for me,
and holy is his name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm;
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

**Glory to the Father, and to the Son, and to the Holy
Spirit; as it was in the beginning, is now, and will be
forever. Amen**

Two Evening Prayers

O God and Father of all, whom the whole heavens
adore:

Let the whole earth also worship you, all nations
obey you,

all tongues confess and bless you, and men and
women everywhere love you and serve you in
peace; through Jesus Christ our Lord. **Amen.**

Keep watch, dear Lord, with those who work, or
watch, or weep this night, and give your angels
charge over those who sleep. Tend the sick, Lord
Christ; give rest to the weary,

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from the evil one.
For thine is the kingdom,
the power and the glory, for ever and ever.
Amen

Jesus Prayer

**Lord Jesus Christ, Son of God,
have mercy on me.**

Prayer for the Week

Lord, we pray that your grace may always precede
and follow us, that we may continually be given to
good works; through Jesus Christ our Lord, who
lives and reigns with you and the Holy Spirit, one
God, now and forever. **Amen.**

The Song of Mary

My soul proclaims the greatness of the Lord;
my spirit rejoices in God my Savior,
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed.

Blessed are the merciful,
For they shall receive mercy.

Blessed are the pure in heart,
For they shall see God.

Blessed are the peacemakers,
For they shall be called children of God.

Blessed are those who are persecuted for the sake
of justice
For theirs is the kingdom of heaven.

Prayer for Peace

O God, you have made of one blood all the peoples
of the earth, and sent your blessed Son to preach
peace to those who are far off and to those who are
near: Grant that people everywhere may seek after
you and find you, bring the nations into your fold,
pour out your Spirit upon all flesh, and hasten the
coming of your kingdom; through Jesus Christ our
Lord. **Amen.**

Prayer of St Francis

Lord, make us instruments of your peace:
where there is hatred, let us sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that we may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Amen.

Prayer for the Week

Lord, we pray that your grace may always precede
and follow us, that we may continually be given to
good works; through Jesus Christ our Lord, who
lives and reigns with you and the Holy Spirit, one
God, now and forever. **Amen.**

A Song of Creation

Glorify the Lord, all you works of the Lord,
praise him and highly exalt him forever.
In the firmament of his power, glorify the Lord, *
praise him and highly exalt him forever.

I The Cosmic Order

Glorify the Lord, you angels and all powers of the
Lord,
O heavens and all waters above the heavens.
Sun and moon and stars of the sky, glorify the Lord,
praise him and highly exalt him forever.
Glorify the Lord, every shower of rain and fall of
dew,
all winds and fire and heat.

Confession of Sin

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways, to the glory of your Name.
Amen.

Psalm for the Day

The Song of Simeon

Lord, you now have set your servant free
To go in peace as you have promised;
For these eyes of mine have seen the Savior,
Whom you have prepared for all the world to see;
A light to the nations,
And the glory of your people Israel.
**Glory to the Father, and to the Son, and to the Holy
Spirit; as it was in the beginning, is now, and will be
forever. Amen.**

The Doxology

**Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him, above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

A LITURGY FOR EVENING PRAYER

Address

Father God, creator of Heaven and earth,
God of Abraham, Isaac, and Jacob;
God of Israel,
God and Father of our Lord and Savior Jesus Christ,
True and living God who is Father, Son, and Holy Spirit,
Have mercy on us and hear our prayer.

First Prayers

O Lord, open our lips.
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Hallelujah.

O God make speed to save us
O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Hallelujah.

Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me a sinner.

Winter and Summer, glorify the Lord,
praise him and highly exalt him forever.

Glorify the Lord, O chill and cold,
drops of dew and flakes of snow.
Frost and cold, ice and sleet, glorify the Lord,
praise him and highly exalt him forever.

Glorify the Lord, O nights and days,
O shining light and enfolding dark.
Storm clouds and thunderbolts, glorify the Lord,
praise him and highly exalt him forever.

II The Earth and its Creatures

Let the earth glorify the Lord,
praise him and highly exalt him forever.
Glorify the Lord, O mountains and hills,
and all that grows upon the earth,
praise him and highly exalt him forever.
Glorify the Lord, O springs of water, seas, and streams,
O whales and all that move in the waters.
All birds of the air, glorify the Lord,
praise him and highly exalt him forever.

Glorify the Lord, O beasts of the wild,
and all you flocks and herds.
O men and women everywhere, glorify the Lord,
praise him and highly exalt him forever.

III The People of God

Let the people of God glorify the Lord,
praise him and highly exalt him forever.

Glorify the Lord, O priests and servants of the Lord,
praise him and highly exalt him forever.

Glorify the Lord, O spirits and souls of the righteous,
praise him and highly exalt him forever.

You that are holy and humble of heart, glorify the Lord,
praise him and highly exalt him forever.

Doxology

Let us glorify the Lord: Father, Son, and Holy Spirit;
praise him and highly exalt him forever.

In the firmament of his power, glorify the Lord,
praise him and highly exalt him forever.

Prayer for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

Prayer of Thanksgiving

Almighty God, Father of all mercies,
we your unworthy servants give you most humble thanks
for all your goodness and lovingkindness.
To us and all whom you have made.
We bless you for our creation, preservation
and all the blessings of this life;
but above all for your immeasurable love

in the redemption of the world by our Lord Jesus Christ,

for the means of grace, and for the hope of glory.

And, we pray, give us such a sense of all your mercies,

that with truly thankful hearts we may show forth your praise, not only with our lips but in our lives,

by giving up ourselves to your service,

and by walking before you

in holiness and righteousness all our days;

through Jesus Christ our Lord,

to whom with you and the Holy Spirit, be all honor and glory throughout the ages. **Amen.**

Lord have mercy.

Christ have mercy.

Lord have mercy.

Confession of the Mystery

Christ has died.

Christ is risen.

Christ will come again.

Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me.