10 CONVERSATION STARTERS WITH GOD

(Originally Written by Becky Brown)

1. Good morning, Lord! Thank you so much for
2. Lord, I'm really struggling with
3. A Bible verse I want to dwell on today is
4. One word from that verse that tells me more about God is
5. Today I want to pray for these people
6. Lord, may you bless and keep
7. Lord, I trust you and I place these cares into your hands
8. Today, I want to use the strength you've given me to
9. Lord, will you help me grow in the area of
10. Lord, I need your help forgiving
*Source: https://churchleaders.com/youth/397089-10-christian-journal- prompts-you-can-use.html



CULTIVATING A HEALTHY SOUL

THE PRACTICE OF COMPANIONSHIP

HABIT #1 OF A HEALTHY SOUL

Pastor Cary Schmidt | Sunday, May 30, 2021

PSALM 4:1-8

1 Hear me when I call, O God of my righteousness: thou hast enlarged me when
I was in distress; have mercy upon me, and hear my prayer. 2 O ye sons of men,
how long will ye turn my glory into shame? how long will ye love vanity, and see
after leasing? Selah. 3 But know that the LORD hath set apart him that is godly
for himself: the LORD will hear when I call unto him. 4 Stand in awe, and sin not
commune with your own heart upon your bed, and be still. Selah. 5 Offer the
sacrifices of righteousness, and put your trust in the LORD. 6 There be many tha
say, Who will shew us any good? LORD, lift thou up the light of thy countenance
upon us. 7 Thou hast put gladness in my heart, more than in the time that their
corn and their wine increased. 8 I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.
thou, LORD, only makest me awen in sujety.

1. TALKING TO JESUS	3. TALKING TO MY
PSALM 4:1 1 Hear me when I call, O God of my righteousness: thou hast enlarged me when I was in distress; have mercy upon me, and hear my prayer.	PSALM 4:4–5 4 Stand in awe, and sin not: commune with your own heart upon your bed, and be still. Selah. 5 Offer the sacrifices of righteousness, and put your trust in the LORD.
2. TALKING TO MY PSALM 4:2-3	4. TALKING TO
2 O ye sons of men, how long will ye turn my glory into shame? how long will ye love vanity, and seek after leasing? Selah. 3 But know that the LORD hath set apart him that is godly for himself: the LORD will hear when I call unto him. PSALM 16:7–9	PSALM 4:6 6 There be many that say, Who will shew us any good? LORD, lift thou up the light of thy countenance upon us.
	5. TALKING TO JESUS AND OTHERS
7 I will bless the LORD, who hath given me counsel: my reins also instruct me	PSALM 4:7–8

in the night seasons. 8 I have set the LORD always before me: because he is

at my right hand, I shall not be moved. 9 Therefore my heart is glad, and my

glory rejoiceth: my flesh also shall rest in hope.

7 Thou hast put gladness in my heart, more than in the time that their corn and their wine increased. 8 I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.