
7. ENJOY GOD'S _____

PSALM 90:17

17 And let the beauty of the LORD our God be upon us . . .

8. EXPECT GOD'S _____

PSALM 90:17

17 . . . and establish thou the work of our hands upon us; yea, the work of our hands establish thou it.

PROVERBS 16:3

3 Commit thy works unto the LORD, and thy thoughts shall be established.

RHYTHMS

SAVOR THIS SEASON — STRENGTHEN THE NEXT

NAVIGATING LIFE'S RHYTHMS

GETTING THIS SEASON RIGHT AS I MOVE TOWARD THE NEXT

Pastor Cary Schmidt | Sunday, January 17, 2021

PSALM 90:12–17

12 So teach us to number our days, that we may apply our hearts unto wisdom. 13 Return, O LORD, how long? and let it repent thee concerning thy servants. 14 O satisfy us early with thy mercy; that we may rejoice and be glad all our days. 15 Make us glad according to the days wherein thou hast afflicted us, and the years wherein we have seen evil. 16 Let thy work appear unto thy servants, and thy glory unto their children. 17 And let the beauty of the LORD our God be upon us: and establish thou the work of our hands upon us; yea, the work of our hands establish thou it.

1. Life Has Span—God's days and years are my life stewardship
2. Life Has Seasons—God's rhythms are my life appointments
3. Life Has Signs—God's word is my life navigation

JOSHUA 1:8

8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

PSALM 1:2–3

2 But his delight is in the law of the LORD; and in his law doth he meditate day and night. 3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.



EMMANUEL
BAPTIST CHURCH

296 New Britain Ave. Newington, CT 06111
ebcnewington.com | Cary Schmidt, Pastor

1. EMBRACE GOD'S _____

PSALM 90:12

12 So teach us to number our days . . .

2. SEEK GOD'S _____

PSALM 90:12

12 . . . that we may apply our hearts unto wisdom.

PROVERBS 4:7

7 Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding.

JAMES 1:5

5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

3. RECEIVE GOD'S _____

PSALM 90:13

13 Return, O LORD, how long? and let it repent thee concerning thy servants.

HEBREWS 12:11

11 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.

4. CONTEXTUALIZE GOD'S _____

PSALM 90:14

14 O satisfy us early with thy mercy; that we may rejoice and be glad all our days.

PSALM 103:1-5

1 Bless the LORD, O my soul: and all that is within me, bless his holy name. 2 Bless the LORD, O my soul, and forget not all his benefits: 3 Who forgiveth all thine iniquities; who healeth all thy diseases; 4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies; 5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.

5. CHOOSE GOD'S _____

PSALM 90:15

15 Make us glad according to the days wherein thou hast afflicted us, and the years wherein we have seen evil.

6. ENGAGE GOD'S _____

PSALM 90:16

16 Let thy work appear unto thy servants, and thy glory unto their children.

PSALM 78:6-7

6 That the generation to come might know them, even the children which should be born; who should arise and declare them to their children: 7 That they might set their hope in God, and not forget the works of God . . .