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*Psalms 32:2 "2 Blessed is the man unto whom the LORD imputeth not iniquity, and in whose spirit there is no guile."*

**Second you must begin the habit of \_\_\_\_\_ to the Spirit—Surrender**

*Ephesians 5:18 "18 And be not drunk with wine, wherein is excess; but be filled with the Spirit;"*

*Galatians 5:25 "25 If we live in the Spirit, let us also walk in the Spirit."*

*Colossians 3:15 "15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful."*

*James 5:8 "8 Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh."*

## Conclusion:

**Week 7—Decision #6 \_\_\_\_\_**

Daily yield control of your emotions to the Spirit of God.

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Emmanuel Baptist Church | Cary Schmidt | 11.10.2013

## Walk in the Spirit

*Yielding the Emotional Ups and Downs to God's Spirit*

### Text: Galatians 5:16-17, 22-25

*Galatians 5:16, 17 "16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. 17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would."*

*Galatians 5:22-25 "22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, 23 Meekness, temperance: against such there is no law. 24 And they that are Christ's have crucified the flesh with the affections and lusts. 25 If we live in the Spirit, let us also walk in the Spirit."*

### Introduction:

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## 1. The Struggle of the \_\_\_\_\_

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### **Daniel in Exile:**

*Daniel 6:3 “3 Then this Daniel was preferred above the presidents and princes, because an excellent spirit was in him; and the king thought to set him over the whole realm.”*

### **Joseph in Prison:**

*Genesis 39:21 “21 But the LORD was with Joseph, and shewed him mercy, and gave him favour in the sight of the keeper of the prison.”*

### **David in Distress:**

*Psalms 23:4 “4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.”*

### **David and Jesus:**

*Psalms 22:1 “1 My God, my God, why hast thou forsaken me? why art thou so far from helping me, and from the words of my roaring?”*

### **Job in Absolute Devastation:**

*Job 1:20, 21 “20 Then Job arose, and rent his mantle, and shaved his head, and fell down upon the ground, and worshipped, 21 And said, Naked came I out of my mother’s womb, and naked shall I return thither: the LORD gave, and the*

**Quote:** “The Bible sanctions desperate prayers...” (Tchividjian)

*Proverbs 25:28 “28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.”*

*Proverbs 16:32 “32 He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city.”*

## 2. The Solace of the \_\_\_\_\_

### **The Spirit is Ours for \_\_\_\_\_**

*John 14:16 “16 And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;”*

### **The Spirit is Ours for \_\_\_\_\_**

*John 14:26 “26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.”*

### **The Spirit is Ours for \_\_\_\_\_**

*Philippians 4:6-7 “6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”*

*Isaiah 26:3 “3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.”*

## 3. The Step of \_\_\_\_\_ to the Spirit

### **First you must be \_\_\_\_\_ in the Spirit—Salvation**

*Ephesians 1:12-14 “12 That we should be to the praise of his glory, who first trusted in Christ. 13 In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise, 14 Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory.”*