

ISAIAH 58:11-12

11 And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. 12 And they that shall be of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in.

CULTIVATING A HEALTHY SOUL

SOUL HEALTH

WHAT DOES IT MEAN TO "FLOURISH"?

Pastor Cary Schmidt | Sunday, May 16, 2021

PSALM 92:12-14

12 The righteous shall flourish like the palm tree: he shall grow like a cedar in Lebanon. 13 Those that be planted in the house of the LORD shall flourish in the courts of our God. 14 They shall still bring forth fruit in old age; they shall be fat and flourishing;

Fake Flourishing—PSALM 92:7

7 When the wicked spring as the grass, and when all the workers of iniquity do flourish; it is that they shall be destroyed for ever:

True Flourishing—PSALM 92:12

12 The righteous shall flourish like the palm tree: he shall grow like a cedar in Lebanon.



EMMANUEL
BAPTIST CHURCH

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1. A FLOURISHING SOUL IS FIRST _____

PSALM 84:1-7

1 How amiable are thy tabernacles, O LORD of hosts! 2 My soul longeth, yea, even fainteth for the courts of the LORD: my heart and my flesh crieth out for the living God. 3 Yea, the sparrow hath found an house, and the swallow a nest for herself, where she may lay her young, even thine altars, O LORD of hosts, my King, and my God. 4 Blessed are they that dwell in thy house: they will be still praising thee. Selah. 5 Blessed is the man whose strength is in thee; in whose heart are the ways of them. 6 Who passing through the valley of Baca make it a well; the rain also filleth the pools. 7 They go from strength to strength, every one of them in Zion appeareth before God.

PSALM 42:1-2

1 As the hart panteth after the water brooks, so panteth my soul after thee, O God. 2 My soul thirsteth for God, for the living God: when shall I come and appear before God?

PSALM 63:1

1 O God, thou art my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is;

PSALM 73:26

26 My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever.

2. A FLOURISHING SOUL IS _____

PSALM 92:13

13 Those that be planted in the house of the LORD shall flourish in the courts of our God.

Diagnosing Soul Passion:

- What do I spend most of my time thinking about?
- What do I truly believe will make me happy?
- What wins first place when valuable priorities seem to conflict?
- What aspects of my life do I most work to cover up?
- What fires me up? What most easily animates me?
- What would I not give to follow Jesus?
- What one thing comes in the way of me fully following God?

1 CORINTHIANS 10:14

14 Wherefore, my dearly beloved, flee from idolatry.

1 JOHN 5:21

21 Little children, keep yourselves from idols. Amen.

3. A FLOURISHING SOUL WILL BE _____

PSALM 92:14-15

14 They shall still bring forth fruit in old age; they shall be fat and flourishing; To shew that the LORD is upright: he is my rock, and there is no unrighteousness in him.

What Does True Flourishing Produce?

- _____—Germinating cheerfulness
- _____ (Old Age)—Enduring, Patient, Usefulness
- _____—Vigor, Health, Sustained Energy, Purpose
- _____—Green Life, Perpetually Renewed Strength
