#### Philippians 4:11

11 Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content.

1 Timothy 6:6-8

6 But godliness with contentment is great gain. 7 For we brought nothing into this world, and it is certain we can carry nothing out.

8 And having food and raiment let us be therewith content.

### 4. EVERY SOUL HAS ITS

Ecclesiastes 3:16-18

16 And moreover I saw under the sun the place of judgment, that wickedness was there; and the place of righteousness, that iniquity was there. 17 I said in mine heart, God shall judge the righteous and the wicked: for there is a time there for every purpose and for every work. 18 I said in mine heart concerning the estate of the sons of men, that God might manifest them, and that they might see that they themselves are beasts.

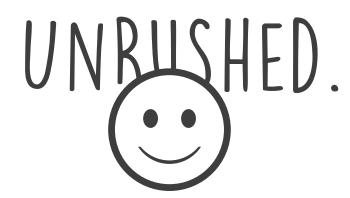
CONCLUSION		

Matthew 11:28-30

28 Come unto me, all ye that labour and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. 30 For my yoke is easy, and my burden is light.

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### OVERCOMING THE OVERWHELMED LIFE

Pastor Cary Schmidt | Sunday, April 26, 2015

# SEASONAL SERENITY

Decision #2: Cherish Now

Text: Ecclesiastes 3

9 What profit hath he that worketh in that wherein he laboureth? 10 I have seen the travail, which God hath given to the sons of men to be exercised in it. 11 He hath made every thing beautiful in his time: also he hath set the world in their heart, so that no man can find out the work that God maketh from the beginning to the end. 12 I know that there is no good in them, but for a man to rejoice, and to do good in his life. 13 And also that every man should eat and drink, and enjoy the good of all his labour, it is the gift of God. 14 I know that, whatsoever God doeth, it shall be for ever: nothing can be put to it, nor any thing taken from it: and God doeth it, that men should fear before him.

INTRODUCTION		

**Key Words of the Book of Ecclesiastes**—Man (47 times), Labour (36 times), Under the Sun (30 times), Vanity (37 times), Wisdom or Wise (52 times), Evil (22 times), Better (22 times)

**Solomon was a serious oppressor**—When I am driven, I destroy myself and those I should love and serve!

**Solomon was a serious megalomaniac**—When I'm driven, I distort God's purposes for giving me power or blessings.

**Solomon was a serious idolater**—When I'm driven, I deceive myself into worshipping what drives me.

**Solomon was a serious malcontent**—When I'm driven, I descend into perpetual, irreversible discontentment.

## I. EVERY SEASON HAS ITS

Ecclesiastes 3:1-10

1 To every thing there is a season, and a time to every purpose under the heaven: 2 A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted; 3 A time to kill, and a time to heal; a time to break down, and a time to build up; 4 A time to weep, and a time to laugh; a time to mourn, and a time to dance; 5 A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; 6 A time to get, and a time to lose; a time to keep, and a time to cast away; 7 A time to rend, and a time to sew; a time to keep silence, and a time to speak; 8 A time to love, and a time to hate; a time of war, and a time of peace. 9 What profit hath he that worketh in that wherein he laboureth? 10 I have seen the travail, which God hath given to the sons of men to be exercised in it.

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Ecclesiastes 3:1-8, 11-14

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Ecclesiastes 3:20-22 20 All go unto one place; all are of the dust, and all turn to dust again. 21 Who knoweth the spirit of man that goeth upward, and the spirit of the beast that goeth downward to the earth? 22 Wherefore I perceive that there is nothing better, than that a man should rejoice in his own works; for that is his portion: for who shall bring him to see what shall be after him?		