

CONCLUSION

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Ecclesiastes 4:6

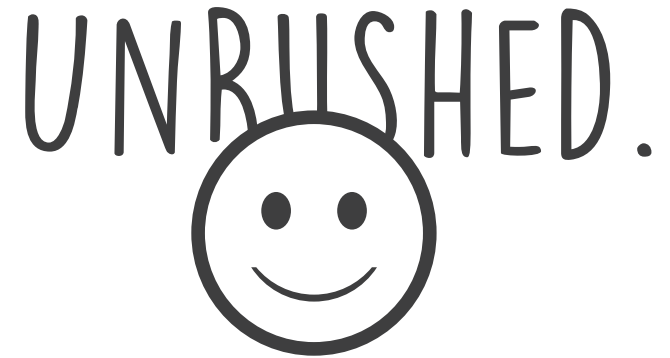
**6 Better is an handful with quietness, than both the hands full with travail and vexation of spirit.**

Psalm 4:4

**4 Stand in awe, and sin not: commune with your own heart upon your bed, and be still. Selah.**

Psalm 46:10

**10 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.**



OVERCOMING THE OVERWHELMED LIFE

Pastor Cary Schmidt | Sunday, May 3, 2015

SECRET PLACE

Decision #3: Embrace Daily Quiet

Text: Ecclesiastes 4

**6 Better is an handful with quietness, than both the hands full with travail and vexation of spirit.**

**9 Two are better than one; because they have a good reward for their labour.**

**13 Better is a poor and a wise child than an old and foolish king, who will no more be admonished.**

INTRODUCTION

Psalm 91:1

**1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.**

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EMMANUEL BAPTIST CHURCH  
NEWINGTON

296 New Britain Ave, Newington, CT 06111  
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**With God in focus**—Internally life is enjoyable, restful, beautiful, and eternal. Externally life is seasonal, contentment a choice, and even hard things have some form of beauty, enjoyment, and giftedness from God! There's something far better to look forward to.

**Without God in focus**—Internally life is a journey toward despair, depression, and regret. Externally life is fleeting, temporal, hopeless, pointless, oppressive, competitive, and not worth living!

**Four Points of Observation:**

- 1. Places of \_\_\_\_\_ v. 1-3
- 2. Places of \_\_\_\_\_ v. 4-8
- 3. Places of \_\_\_\_\_ v. 9-12
- 4. Places of \_\_\_\_\_ v. 13-16

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I. \_\_\_\_\_ IS BETTER

Ecclesiastes 4:6

*6 Better is an handful with quietness, than both the hands full with travail and vexation of spirit.*

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2. \_\_\_\_\_ ARE BETTER

Ecclesiastes 4:9

*9 Two are better than one; because they have a good reward for their labour.*

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3. \_\_\_\_\_ IS BETTER

Ecclesiastes 4:13

*13 Better is a poor and a wise child than an old and foolish king, who will no more be admonished.*

Proverbs 16:25

*25 There is a way that seemeth right unto a man, but the end thereof are the ways of death.*

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