

Fruitful Summer Devotion

Week 9- Gentleness

Day 1: Gentleness as a Fruit of the Spirit

Scripture: Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control..."

Gentleness is not weakness—it is strength under control. It's the quiet strength that flows from a heart rooted in the gospel. The Spirit produces gentleness not through passivity, but through a deep security in Christ. When we are no longer defending ourselves, we can move toward others in compassion and calm.

Application Questions:

1. Where are you tempted to react in harshness rather than respond in gentleness?
 2. How can you rely more on the Spirit's strength than your own in moments of pressure?
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Day 2: Jesus, the Gentle King

Scripture: Matthew 11:29

"Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls."

When Jesus describes His own heart, He uses the word *gentle*. This is not sentimental softness—it's the inviting power of a Savior who stoops low to lift up the weary. To be gentle is to be like Him: approachable, humble, and strong enough to be tender.

Application Questions:

1. In what ways does Jesus' gentleness draw you closer to Him today?
 2. How can His example reshape your posture toward people who are struggling?
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Day 3: Gentleness in Conflict

Scripture: 2 Timothy 2:24-25

"The Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, correcting his opponents with gentleness."

Gospel gentleness is especially important in disagreement. Truth without gentleness can become cruelty; gentleness without truth becomes compromise. The Spirit enables us to speak boldly *and* softly—to bring clarity without contempt, correction without condemnation.

Application Questions:

1. What's your default posture in conflict—aggression, avoidance, or gentleness?
 2. How can the gospel reframe how you correct or challenge others?
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Day 4: Restoring Others Gently

Scripture: Galatians 6:1

"If anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness."

To restore someone gently is to see their sin through the lens of grace, not superiority. The gospel reminds us that we are all in need of mercy. Gentleness doesn't ignore sin—it simply refuses to weaponize it. The goal is always healing, never humiliation.

Application Questions:

1. Who in your life needs gentle restoration rather than judgment?
 2. How can remembering your own need for grace soften how you engage others?
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Day 5: A Gentle Answer Turns Away Wrath

Scripture: Proverbs 15:1

"A gentle answer turns away wrath, but a harsh word stirs up anger."

Gentleness de-escalates. It diffuses tension and invites reflection. In a culture addicted to outrage, a gentle response is both rare and powerful. It signals a deeper trust in God's sovereignty and a refusal to be ruled by pride or fear.

Application Questions:

1. When did you last see gentleness de-escalate a tense moment?
 2. What would it look like to pause and answer gently in your next difficult conversation?
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Day 6: Clothed with Gentleness

Scripture: Colossians 3:12

"Put on then, as God's chosen ones... compassionate hearts, kindness, humility, meekness (gentleness), and patience."

Gentleness is something we “put on”—like a garment we wear into every encounter. It is not natural, but supernatural. As those clothed in Christ, we don’t just behave gently; we become gentle people—marked by peace, not provocation; tenderness, not toughness.

Application Questions:

1. What would change in your relationships if you consciously “put on” gentleness each day?
 2. How might gentleness make your presence more life-giving in your home or church?
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Day 7: Gentleness and Wisdom

Scripture: James 3:17

"But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere."

Gentleness is not merely a relational skill—it is wisdom from above. True wisdom is not forceful, cynical, or combative. It is peace-loving and persuasive through quiet integrity. To be gentle is to walk with the wisdom that reflects the very character of Christ.

Application Questions:

1. How does your life reflect the wisdom that is “gentle and peaceable”?
2. Where is God inviting you to replace worldly wisdom with gospel-shaped gentleness?