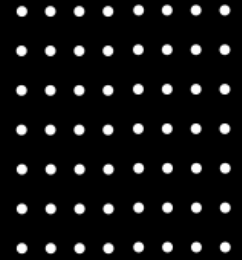


21 DAYS

OF PRAYER & FASTING

JANUARY 7- 27TH 2024



A word from Pastor Mike

I'm so excited that you've decided to join us for **21 Days of Prayer!** Now, the idea of prayer may be intimidating to you, so allow me to put your mind at ease. Prayer is simply talking to God. If you know how to talk, then you know how to pray!

You may be thinking, *"I know how to talk, but when it comes to prayer, I never know what to say, or how to say it."* *"Should I sit or kneel?"* *"Should I close my eyes or keep them open?"* Listen, don't fill your mind with all of those questions, just start talking to God. Talk to Him the same way you would talk to a trusted friend.

This prayer guide is going to help you by giving you topics and themes to pray about, you just commit to praying every day for 21 days! Here's a couple of things that I've learned over the years about prayer.

- **Prayer gets easier as I do it**
- **Prayer brings me closer to God**
- **Prayer reminds me that my God is bigger than my problems**
- **Prayer replaces my anxiety with God's peace**
- **Prayer is a weapon that I can use against the enemy**
- **Prayer may not change my situation but it will change me**
- **I've never met a person who regretted getting closer to God in prayer!**

So let's seek the Lord together for the next 21 days. Let's believe that He is able to do immeasurably more than we can ever think or ask...and if He did it before, won't He do it again? Together we're going to see a victory in Jesus Name!

Love ya!
Pastor Mike

P.S.

Don't forget that if you want a word *FROM* God you have to pick up the word *OF* God! Don't forget to make daily Bible reading a priority in 2024!

Daily Devotionals

Let it Rain (21 Days of Prayer & Fasting)

https://login.youversion.com/?client_id=96aa43c822350c765fd177f95ebc5575&client_secret=74ddc9dc4788490a8b0ad3fe9f052d4e&redirect_uri=https%3A%2F%2Fwww.bible.com%2Fauthenticate%3Ffrom%3D%252Freading-plans%252F38855%252Ftogether%252F63169249%252Finvitation%253Ftoken%253DMGwEqwy5v7sJ3kld8CCCyw%2526source%253Dshare&appRef=bible.com&locale=en-US

The Bible Recap (Read the Bible in a Year with Newsong)

https://login.youversion.com/?client_id=96aa43c822350c765fd177f95ebc5575&client_secret=74ddc9dc4788490a8b0ad3fe9f052d4e&redirect_uri=https%3A%2F%2Fwww.bible.com%2Fauthenticate%3Ffrom%3D%252Freading-plans%252F42399%252Ftogether%252F63169200%252Finvitation%253Ftoken%253DcnxGGDxxG1xSuFSTy0Mm4A%2526source%253Dshare&appRef=bible.com&locale=en-US

Creating A Lifestyle of Prayer by Chris Hodges -

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. MARK 1:35

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God — whether it's first thing in the morning, at lunch, or in the evening — and faithfully keep it.

HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." This outline, along with several other tools, is available in this guide. As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

Every Day Prayer Focus

- **Humble ourselves.** Asking for forgiveness for our sins and the sins of our land.
- **Seeking God.** Declaring our dependence on God in every area of our lives.
- **His Kingdom Come.** Praying for the completion of the Great Commission and for revival in our generation.
- **Hear from Heaven.** Inviting the Presence of God in our church and our lives (souls saved, signs, wonders, miracles, and transformed lives.)
- **Next Steps.** Praying for all people in their journey of faith to Know God, Find Freedom, Discover Purpose, and Make a Difference.
- **Believing God** for answered prayer to our specific needs (Connection Cards, Pastoral Care Update Cards, and prayer requests).

Daily Prayer Focus

Day 1 – (Church service prayer)

Day 2 – Our Leaders – Nation, State, and City (1 Timothy 2:1-2)

Day 3 – Our Executive Leadership Team, Stewardship Team, Oversight Team, Life Group Leaders,

Day 4 – Revival In Our City – The Bronx, NYC, Spiritual Awakening

Day 5 – Our Nation – Outpouring of the Holy Spirit, revival in America, national missions New York Ministry Network, Church Multiplication Network, leadership training and church planting. Our US Missionaries: Jasmin Santos (Yale Chi Alpha) Charles & Kehinde Moodie (Chicago City Life Center), Reggie & Ibelsa Stutzman (The Prodigal Center), John & Caity Ginnan (Youth Alive NY), Expect Hope, Love Life NYC.

Day 6 – Our World – World missions (for safety reasons we cannot name our missionaries however they are located in Africa, India, Jordan, Scotland & Central & South America. Please pray for God's protection for them and their families, pray for God's favor & growth in their ministries)

Day 7 – Take a moment to worship God. Read Psalm 40:1-3. Put on your favorite worship song, pray and give thanks for who He is and what He's done in your life!

Day 8 – Pray for Healing, Signs, & Wonders

Day 9 – The Lost – outreach, family members, friends

Day 10 – Life Groups – leaders, members, real life change

Day 11 – Growth Track, Discipleship and Dream Team – leadership development, covering over every leader, fresh vision and volunteers for Set-up/Break-down, Usher/Greeter, Audio/Visual, Connect & Worship Team (Including NS Deaf Church)

Day 12 – Children and Students Kidsong & NSCY

Day 13 – Young Adults

Day 14 – A Building (A Permanent location for Sunday Services)

Day 15 – (Church service prayer)

Day 16 – Families and marriages

Day 17 – Our Church's vision for 2024 – outreach projects, heart for the house, campus launches, leadership development, finances, leaders

Day 18 – Your personal vision for 2024 – freedom from habits, debt, relationships, ministry, reaching my full potential

Day 19 – Personal freedom and deliverance – breakthrough in every area!

Day 20 – Your specific needs (finances, health, family members to be saved and other personal needs.) Pray for the sick – anoint with oil.

Day 21 – (Closing prayer service)

PRAYER MEETINGS

All prayer meetings will be held at Newsong Church
135 Einstein Loop, Bronx RM 42
Discounted parking is available. All are welcome to attend.

Prayer Times

Sunday Mornings @ 10:15-10:45 am

Monday-Friday @ 7-7:45am & 7-8pm

Saturday @ 10am

Have a prayer request? Text Prayer to 877-899-7323 or simply scan the Q.R. Code with your phone!



ENCOUNTER Night of Worship January 14th
135 Einstein Loop, Bronx NY 10475 @ 6PM

PRAYING THE LORD'S PRAYER

The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God and empowers us to accomplish great things through Him. This model takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed. One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..." **LUKE 11:1** "Our Father in Heaven, hallowed be Your Name. Your Kingdom come. Your will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen." **MATTHEW 6:9-13 NKJV**

CONNECT WITH GOD RELATIONALLY

"Our Father in Heaven" God isn't interested in us practicing religion; instead, He desires a relationship with us. God has adopted us as His children and loves for us to call Him our Father. Starting our prayer time acknowledging our relationship with God is powerful for us and delights Him as well. You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father." **ROMANS 8:15 NLT** Proclaim your intimate relationship with God, addressing Him lovingly as your Father and thanking Him that you are His child.

PRAYER: "Father, I come to You in prayer today thankful that I am Your child. I know I am a sinner, but You have forgiven me and adopted me as Your own, and I am so grateful to call you my Father. Thank you for loving me. I love you."

WORSHIP HIS NAME

"Hallowed be Your Name" God loves when we worship Him, and there is power in His Name. Here is a list of some of His Names to help us worship Him specifically and personally: **God is Righteousness** – He makes us clean **God is Sanctifier** – He has called us and set us apart **God is Healer** – He heals all our diseases **God is Banner of Victory** – He defeated our enemies **God is Shepherd** – He speaks to us and leads us **God is Peace** – He is our peace in every storm **God is Provider** – He supplies all of our needs The name of the Lord is a strong tower; the righteous man runs into it and is safe.

PROVERBS 18:10 ESV Speak God's Names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great our God is.

PRAYER: "God, I am in awe of You. Your Name is a strong tower, a place of protection and safety for me. I praise You as my Healer, my Shepherd, and my Banner of Victory. You are my Peace, my Provider, my Righteousness, and my Sanctifier. Your Name is great, and I worship You."

PRAY HIS AGENDA FIRST

"**Your Kingdom come. Your will be done on earth as it is in Heaven**" Part of being a child of God is caring about what He cares about. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first. He will always give you all you need from day to day if you will make the Kingdom of God your primary concern. **LUKE 12:31 TLB** Spend time focusing on what God is focused on. His priorities include: • Saving the lost • Wisdom and guidance for those in authority – parental, spiritual, governmental, work-related • Accomplishing His purpose in our lives.

PRAYER: “God, I recognize there is no better plan on earth than Yours, and I pray for Your will to be done in my life (name the areas of your life where you need more of God’s presence today) and in our world. This world is lost and needs You desperately, and I pray for every person to know You as their personal Lord and Savior. I pray for the leaders in my life (pray specifically over parents, spiritual leaders, government leaders, employers, and any other leaders in your life), that you would give them supernatural wisdom and discernment as they lead. Give them a revelation of Your will and Your purpose for them. And I give my life to You again today; have Your way in my life! Anything You want to do in me or through me, I will do. I ask today for wisdom and clarity as You show me my next steps.”

DEPEND ON HIM FOR EVERYTHING

“Give us this day our daily bread” God promises to supply all our needs, and He wants us to come to Him with our problems, needs, and desires and to trust Him to provide. I look up to the mountains—does my help come from there? My help comes from the Lord, who made heaven and earth! **PSALM 121:1-2 NLT** Ask God for what you need today. It may help to write down the concerns weighing on your mind or the desires of your heart. You can bring them to God, and trust Him enough to hand them over to Him fully. It may help to open your hands before God to physically show your surrender to Him. Problems can either be ours or God’s; they can’t be both.

PRAYER: “Father, I acknowledge that everything I need today will come from You. You made the heavens and the earth; You are more than capable of handling any situation I’m dealing with, so I give it to You completely (specifically talk to God about what is on your mind and heart right now and give it to Him).

I look to You to help me, sustain me, and give me Your peace. Remind me of Your hope and power today. Thank You in advance for taking care of my needs.”

FORGIVE AND BE FORGIVEN

“Forgive us our debts, as we forgive our debtors” God has offered us complete forgiveness, and we can receive it at any time. When we turn away from our sins and receive His forgiveness, our hearts are more prepared to forgive others as well. If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. **1 JOHN 1:9** Ask God to check your heart and life and show you areas where you might need to ask for forgiveness from Him. Then, it is your turn to forgive those who have offended you. We can even choose to forgive people in advance. Ask God to forgive you and to help you forgive others.

PRAYER: “God, thank You so much for offering me the gift of forgiveness. Show me any areas in my life that I need to bring before You in order to receive forgiveness and healing. I confess that I have been struggling with sin (talk to God about any areas of sin in your life), and I know that You want me to be clean again. Please forgive me for my sin. Thank You for showing me unfailing grace. As You have so freely forgiven me, I also want to freely forgive others. Please help me let go of all of my offenses. I release to You those who have hurt me, and I trust You to handle those situations according to Your perfect will.”

ENGAGE IN SPIRITUAL WARFARE

“And do not lead us into temptation, but deliver us from the evil one” Spiritual warfare can seem difficult to understand, but the Bible makes it very clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we’re empowered by His Holy Spirit. There is power in God’s Word, and every lie the enemy has told us can be replaced with God’s truth. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. **EPHESIANS 6:12** By recognizing that the enemy wants to destroy you, you can shed light on his lies and claim God’s truth over your life. Ask God to show you any lies you’re believing or areas of warfare happening in your life. Ask Him to expose the enemy and to help you understand and receive His truth. Simply speaking the Name of Jesus has great power in the spiritual realm. The Bible tells us in **James 4:7** that if we resist the devil, he will flee from us. Through prayer, we can resist him and walk forward in freedom.

PRAYER: “God, I recognize that my struggles today aren’t against the people or circumstances around me, but against the enemy. Please help me to see how the enemy is lying to me. Help me to recognize his lies, take them captive, and make all of my thoughts obedient to the truth of Your Word (list out any specific areas God shows you where you have believed a lie that needs to be replaced with His truth). While the enemy wants to destroy me, I know that You came to give me life to the fullest. I speak the name of Jesus over my life and declare that no weapon formed against me will prosper. I don’t have to fear the enemy because the One who is in me is greater than the one who is in the world.”

EXPRESS FAITH IN GOD’S ABILITY

“For yours is the Kingdom and the power and the glory forever.” God is more than able to move in every situation, and ending our prayer time claiming His authority and power focuses our minds on the truth and hope of who He is and what He can do. Ah, Sovereign LORD, you have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You.

JEREMIAH 32:17 Remind yourself of God’s limitless power and then return to praising Him and declaring your faith in Him: • “Yours is the Kingdom” – all authority belongs to You • “Yours is the Power” – all mightiness flows from You • “Yours is the Glory” – Your victory will be complete

PRAYER: “Father God, nothing is too hard for You! Through Your great power, all things are possible. All authority is Yours, all might is Yours, and I know that Your victory will be complete. You are amazing, and I worship You. I praise You for Your power and presence in my life. You are my God, and You are worthy of all praise.”

Fasting

The goal of fasting is to draw near to God. It hits the reset button of our soul and renews us from the inside out.

Fasting enables us to celebrate the goodness and mercy of God. It prepares our hearts for all the good things God desires to bring into our lives. When deciding on a fast, we encourage you to seek God in prayer and follow what the Holy Spirit leads you to do.

Scripture References About Fasting

Matthew 6:16-18; Matthew 9:14-15; Luke 18:9-14; Acts 27:33-37; Nehemiah 9:1-3

Types of Fasts

Selective Fast

This type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, and bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

Partial Fast

This fast is sometimes called the “Jewish Fast” and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00 am to 3:00 pm, or from sunup to sundown.

Complete Fast

In this type of fast, you drink only liquids, typically water with light juices as an option.

Soul Fast

This fast is a great option if you do not have much experience fasting food, have health issues that prevent you from fasting food, or if you wish to refocus certain areas of your life that are out of balance.

For example, you might choose to stop using social media or watching television for the duration of the fast and then carefully bring that element back into your life in healthy doses at the conclusion of the fast.

For more information about fasting

7 Basic Steps To Prayer & Fasting by Dr. Bill Bright

<https://www.cru.org/us/en/train-and-grow/spiritual-growth/fasting/7-steps-to-fasting.html>

Guide to Fasting & Prayer by Dr. Bill Bright

<https://www.cru.org/us/en/train-and-grow/spiritual-growth/fasting/personal-guide-to-fasting.html>

A fasting guide by Jentezen Franklin

<https://jfm-web-images.s3.amazonaws.com/docs/FastingGuide.pdf>