

Notes: January 22, 2023

“Recovery and the Story of God”

Starting from the Beginning

Recovery starts in the beginning-Genesis 1-3.

KEY POINT: The story of God is a story of recovery, namely, the recovery of our relationship with God [and, subsequently, with others.]

Jesus and Recovery

Jesus’ mission statement—Luke 4:16-21

KEY POINT: Jesus is concerned about the recovery of the **WHOLE** person.

3 Things about Recovery

#1—We are ALL in the process of recovery.

Addiction is a universal symptom of our broken relationship with God and others.

#2—Trust the process.

The Dual Tracks of Recovery: Addressing the behaviors AND the core wounds beneath them.

#3—Recovery happens in RELATIONSHIPS.

We are hurt in relationships, and we are healed in relationships.

Small Group Questions:

1. The story of God is a story of recovery. Can you think of other examples in God’s Word that express this idea?
2. Jesus is concerned about the recovery of the whole person (spiritual, physical, emotional, etc). In what ways has this been true in your relationship with Jesus?
3. We are all in the process of recovery. How does this statement sit with you?
4. Honest reflection: Where are you at in this process of recovery? What might be a helpful next step in your journey?