



Behold The Lamb | Week 7 Study Guide Squeezing Out Self

Bible Text: John 3:22-36

Open Up

When you think of selflessness, who comes to mind? How come?

What's one way in which it's hard for you to be selfless?

Dig In

Read John 3:22-25

John doesn't explain what the conversation regarding the O.T. Law of purification was about, but we can assume it involved why the disciples' mentor (John the Baptist) was baptizing people instead of observing the laws on purification. Why do you think this unnamed Jew was concerned? How did John's baptism help pave the way for the gospel to be introduced?

Read John 3:26-30

Why do you think John's disciples were concerned about everyone leaving and going to Jesus? How would you summarize John's response? What can we learn from his response?

On Sunday we looked at *How To Squeeze Out Self*. John's teaching in these verses gives us three of the ways: **#1. Embrace God's roles for your life** (vs. 27-28). **#2. Find pleasure in serving** (v. 29). **#3. Develop humility habits** (v. 30).

The general call for all believers is to "Go make disciples" (Matthew 28:19). However, God has also given each believers different skills and giftedness to advance God's kingdom in specific ways. Read Psalm 139:13-16; Ephesians 2:10; & 1 Corinthians 12:1-7.

How should these verses be a source of great encouragement to you? How should they also be humbling and keep you from selfishness and boastfulness?

How is it hard being selfish when you are actively fulfilling God's role for your life by serving others? Why do you think some Christians have a self-centered faith? How have churches today been a help and/or hindrance?

Read John 3:31-36

In these verses we see a fourth way in *How To Squeeze Out Self*: **#4. Embrace the gospel**.

How does the gospel help us deal with the temptation to be self-absorbed? Pastor Tony likes to say, "Preach the gospel to yourself daily." What do you think he means by this and how is it helpful?

Close Out

On Sunday we gave four Humility Helps to practice daily:

Honor God first: Start your day with Him and commit it to His will.

Help without recognition: Look for opportunities to serve others when no one is looking.

Hear others (talk less): Be quick to listen and slow to speak.

Hand the credit to others: Accept affirmation but be sure to point to God and others.

Which Humility Helps do you need to put into practice this week? How so?

What's one other application for your life in light of Sunday's talk and/or this study?