

First, watch  
this week's  
video!

**Integrity:**  
Choosing to  
be truthful in  
whatever you  
say and do

### Memory Verse

"Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught."  
Proverbs 10:9, NIV

### Bible Story

Naaman and  
Elisha's Servant  
2 Kings 5

### Key Question

Why is it important  
for people to  
trust you?

Use this guide to help your family learn how  
God can help us live with integrity.

## Activity

If... Then

### What You Need:

Seven index cards, writing utensil

### What You Do:

Write down the following seven scenarios, one per card.

### Scenarios:

- If I eat too much ice cream, then...
- If I don't study for a test, then...
- If I stay up too late at night, then...
- If I'm mean to my friend, then...
- If I never clean my room, then...
- If I talk when my teacher is talking, then...
- If I don't brush my teeth regularly, then...

Put the cards in a stack. Tell your child, "Draw a card and read the scenario. Fill in the blank by telling me what you think would happen next."

Allow your child to pick up and read the scenarios and explain what might happen next. Then say, "When we do certain things, we can expect something to happen. IF we stay up late reading a book or playing a game, THEN we can expect to be tired the next day. That's especially true when we don't live with integrity. IF we're not truthful, THEN people will lose trust in us."

## Talk About the Bible Story

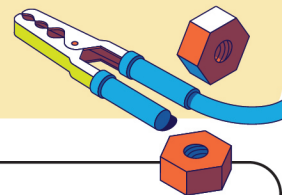
Why did Gehazi lie to Naaman? (*He wanted to get some gifts from Naaman and keep them for himself.*)

What did Gehazi's lies do to his relationship with Elisha? (*Elisha saw that he couldn't trust Gehazi.*)

How can dishonesty affect a friendship?

Why is it important to live with integrity even if you think no one is watching or will ever find out?

*Parent: Share a positive example about someone who you can confidently trust to tell the truth—and explain why you feel you can trust them.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we want to follow Your path and make the wisest choices we can. We get off track sometimes and mess up. Help us to choose to be truthful in everything we say and do... so that other people will know they can trust us. We love You. Amen."