

THE SOLUTION

We need to make Jesus the _____ of our lives.

Matthew 7:15-23 – Two Types of Trees



Matthew 7:24-27 – Two Types of Foundations

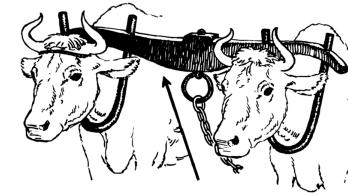


THE INVITATION

Matthew 11:28-30 – “Come to Me ... and I will give you rest.”

Three Observations:

- Notice that following Jesus involves a _____.
What is a **yoke** in the Bible? Essentially, a yoke is a harness used on oxen to ease the work of hauling a load.



What is Jesus’ “yoke” that He asks us to carry?

- Notice how _____ Jesus’ invitation is.

- Notice that Jesus promises _____ to those who come to Him.



By Pastor Craig Rayment

THE PROBLEM

We have a mental health crisis today.

- Anxiety medicine is at an all-time high and increasing, with women leading men by a ____ to ____ margin.
- The percentage of those on antidepressant medication is _____%,
- Suicide rates in America are rising today, with males _____ times more likely to die this way than females.
- Trans-people who have undergone surgical reassignment are _____ times more likely to commit suicide.
- _____% of Americans have a substance disorder from drug and alcohol addiction.
- The fentanyl category of opioids has accounted for _____ preventable deaths in **2021**, representing a _____% increase over the _____ total in **2020**. And that was in 2021!
- _____ continues to be a nation-wide problem in America. The states that have the biggest problem are _____ and _____. Seattle has _____ its spending on this problem – from _____ million to _____ million!