# 5-Day Bible Reading Plan and Devotional Guide

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## Day 1: Facing Fear With an Anchored Soul

**Reading:** Psalm 23:4 — The assurance that God's presence accompanies us through the darkest valleys, removing the need to fear evil.

**Devotional:** Fear has a way of filling pages when we let it speak unchallenged. But when we write down what we are afraid of, something remarkable happens — we can finally see it clearly, and more importantly, we can bring it honestly before God. He is not shocked by our fears. He already knows every one of them. The antidote to fear is never self-sufficiency or willpower. It is his presence. He walks with us through the valley, not around it. Today, take a moment to name what frightens you. Then name him beside it.

**Personal Reflection:** What fears have you been carrying silently that you have not yet brought honestly before God?

**Practical Application:** Write down three things you are currently afraid of. Beside each one, write a truth you know about God that speaks directly to that fear.

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## Day 2: Courage Is Action in Spite of Fear

**Reading:** Joshua 1:9 — God commands strength and courage, grounding that command in the promise that he goes with us wherever we go.

**Devotional:** Courage is not the absence of fear. It is movement in the presence of fear. God does not say wait until you feel brave before you obey. He says be strong and courageous, and then he gives the reason: he is with you. In the New Testament era, that presence is not merely beside us but within us. The Holy Spirit dwells inside every believer, closer than our own breath. When reluctance rises and your flesh resists what the Spirit is prompting, remember that the yes already lives in your spirit. The battle is not whether God is with you. He is. The question is whether you will move.

**Personal Reflection:** Where in your life is God calling you to take a step of courage that your flesh is resisting?

**Practical Application:** Identify one prompting from the Holy Spirit you have been hesitating to act on. Take one small, concrete step toward obedience today.

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## Day 3: Hope That Holds When Everything Shakes

**Reading:** Hebrews 6:18-19 — God's unchangeable nature and his inability to lie give believers a sure and steadfast anchor for the soul that holds even in violent storms.

**Devotional:** An anchor does not prevent storms. It holds you during them. Biblical hope is not optimism, and it is not positive thinking. It is a settled confidence in who God is, entirely separate from what your circumstances look like. When we protect our hearts from hoping too much, we often do so to avoid disappointment. But in doing so, we cut ourselves off from the very anchor God has provided. Hope placed in an outcome will eventually fail. Hope placed in the unchanging character of God cannot. He is sure — meaning there are no hidden flaws in what he has promised. He is steadfast — meaning he does not buckle under pressure. Neither should we.

**Personal Reflection:** Have you been holding back hope in order to protect yourself from disappointment? What outcome have you been hoping in rather than hoping in God himself?

**Practical Application:** Write down what you are hoping for right now. Then deliberately surrender the specific outcome to God and rewrite the hope as a statement about his character rather than a desired result.

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## Day 4: The Richness of Knowing God

**Reading:** Jeremiah 9:23-24 — God declares that true boasting belongs only to those who understand and know him, for he is a God of steadfast love, justice, and righteousness.

**Devotional:** The wealthiest people in the world are not those with the most possessions. They are those who know God most deeply. Knowledge of him is the treasure that cannot be taken, the inheritance that does not fade. Yet knowledge alone is not enough. Knowledge is instant. Belief is chosen. You may know that God is faithful,

that he is good, that he works all things together for good — and still find it difficult to believe those things when a trial presses hard against you. That is not failure. That is the invitation to fight for what you know. Say it out loud. Write it down. Choose to believe it again today.

**Personal Reflection:** What do you know about God that your current circumstances are making it difficult to believe? Which truth feels hardest to hold onto right now?

**Practical Application:** Fill a full page in a journal with everything you know about God. Circle the truths that feel most challenged by your present season. Pray over each one specifically, choosing belief out loud.

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## Day 5: Running Without Reluctance

**Reading:** Psalm 32:8-9 — God promises to instruct and counsel his people with his eye upon them, and cautions against the stubbornness of a mule that must be forced rather than led.

**Devotional:** God desires a people so attuned to his voice that a single look is enough. He wants to counsel us with his eyes, not drag us forward by force. The goal is not merely to eventually obey but to be the kind of person who responds the moment he speaks — first-time obedience born out of deep love, fresh revelation, and cultivated trust. Reluctance is rooted in fear, familiarity, and the inability to trust beyond what we can see. But do not let the possibility of stumbling take away your willingness to run. You will stumble. God will teach you through it. Get up, keep moving, and run toward him with everything you have.

**Personal Reflection:** What would your walk with God look like if you responded to every prompting with immediate willingness rather than internal debate?

**Practical Application:** Spend ten minutes in intentional encounter with God today — not asking for anything, but simply running toward him in prayer and imagination. Let the posture of your heart be one of eagerness rather than reluctance.