

# MONSTER MYTHS

## EPISODE 1

“With this news, strengthen those who have tired hands, and encourage those who have weak knees. Say to those with fearful hearts, “Be strong, and do not fear, for your God is coming to destroy your enemies. He is coming to save you.” Those who have been ransomed by the LORD will return. They will enter Jerusalem<sup>[a]</sup> singing, crowned with everlasting joy. Sorrow and mourning will disappear, and they will be filled with joy and gladness”  
Isaiah 35:3-4, 10 (NLT)

**The Monster:** Fear

**The Description:** The barrier to God’s best

**The Lie:** “Something bad is bound to happen”.

**The Victim:** Fear can consume anyone

**The Danger:** That I will never realize the great things that God is calling me to

**Our Defense:** The Truth...**God says that I can conquer fear in my life by...**

John 8:32 “And you will know the truth, and the truth will set you free” (NLT)

### **I. Knowing God Is Always With Me**

“Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.” Isaiah 41:10 (NLT)

### **II. Knowing God Is For Me**

“The Lord is for me, so I will have no fear. What can mere people do to me?” Psalm 118:6 (NLT)

### **III. Knowing God Is Greater**

“God is our refuge and strength, always ready to help in times of trouble. <sup>2</sup> So we will not fear when earthquakes come and the mountains crumble into the sea.” Psalm 46:1-2 (NLT)