

# **BRIGHTER DAYS**

## **EPISODE 1**

### ***WHAT TO DO WHEN MY DAYS SEEM DARK***

John 1:5 The light shines in the darkness, and the darkness can never extinguish it.

Matthew 1:18–23 This is how Jesus the Messiah was born. His mother, Mary, was engaged to be married to Joseph. But before the marriage took place, while she was still a virgin, she became pregnant through the power of the Holy Spirit. Joseph, to whom she was engaged, was a righteous man and did not want to disgrace her publicly, so he decided to break the engagement quietly. As he considered this, an angel of the Lord appeared to him in a dream. “Joseph, son of David,” the angel said, “do not be afraid to take Mary as your wife. For the child within her was conceived by the Holy Spirit. And she will have a son, and you are to name him Jesus, for he will save his people from their sins.” All of this occurred to fulfill the Lord’s message through his prophet: “Look! The virgin will conceive a child! She will give birth to a son, and they will call him Immanuel, which means ‘God is with us.’”

### ***WHAT TO REMEMBER WHEN MY DAYS SEEM DARK:***

#### **1. GOD HAS NOT ABANDONED ME.**

Hebrews 13:5 ...For God has said, “I will never fail you. I will never abandon you.”

#### **2. GOD COMPLETELY UNDERSTANDS ME.**

Philippians 2:6–7 Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being.

Hebrews 4:15 This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin.

#### **3. GOD IS STILL WORKING THROUGH ME.**

Jeremiah 29:11 For I know the plans I have for you,” says the LORD. “They are plans for good and not for disaster, to give you a future and a hope.

#### **4. GOD’S GREAT JOY WILL SOON FIND ME.**

Luke 2:10 But the angel reassured them. “Don’t be afraid!” he said. “I bring you good news that will bring great joy to all people.