

ADULTING

EPISODE 5

GROWING IN MERCY AND JUSTICE

Micah 6:8 He has shown you, O man, what *is* good; And what does the LORD require of you but to do justly, to love mercy, and to walk humbly with your God?

HOW I CAN GROW IN JUSTICE AND MERCY

1. LOOK IN THE MIRROR.

Romans 2:1 Therefore you are inexcusable, O man, whoever you are who judge, for in whatever you judge another you condemn yourself; for you who judge practice the same things.

Romans 5:8–9 But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from wrath through Him.

2. ENGAGE THE HEART.

Psalms 101:1 I will sing of mercy and justice; To You, O LORD, I will sing praises.

Psalms 36:5–6 Your mercy, O LORD, *is* in the heavens; Your faithfulness *reaches* to the clouds. Your righteousness *is* like the great mountains; Your judgments *are* a great deep; O LORD, You preserve man and beast.

3. OPEN MY EYES.

Psalms 146:7–9 Who executes justice for the oppressed, Who gives food to the hungry. The LORD gives freedom to the prisoners. The LORD opens *the eyes of* the blind; The LORD raises those who are bowed down; The LORD loves the righteous. The LORD watches over the strangers; He relieves the fatherless and widow; But the way of the wicked He turns upside down.

4. ENJOY THE FLOW.

Matthew 5:7 **Blessed *are* the merciful, For they shall obtain mercy.**

Luke 6:36–38 **Therefore be merciful, just as your Father also is merciful. “Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you: good measure, pressed down, shaken together, and running over...**