

MINDSET

EPISODE 4

MINDSET OF FORGIVENESS

Isaiah 26:3 You will keep in perfect peace those whose minds are set on you, because they trust in you.

Unforgiveness will rob you of your peace

Matthew 18:21–22 (NLT)

²¹Then Peter came to him and asked, “Lord, how often should I forgive someone who sins against me? Seven times?” ²²“No, not seven times,” Jesus replied, “but seventy times seven!”

Three steps for reclaiming your peace:

1. Accept God’s forgiveness and grace.

John 19:30 (NLT)³⁰When Jesus had tasted it, he said, “**It is finished!**” Then he bowed his head and gave up his spirit.

Ephesians 2:8–10 (NLT)⁸God saved you by his grace when you believed. And you can’t take credit for this; it is a gift from God. ⁹Salvation is not a reward for the good things we have done, so none of us can boast about it. ¹⁰For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

2. Forgive those who have hurt you.

Psalms 37:8 (NLT)⁸Stop being angry! Turn from your rage! Do not lose your temper— it only leads to harm.

Romans 12:17–21 (NLT)¹⁷Never pay back evil with more evil. Do things in such a way that everyone can see you are honorable. ¹⁸Do all that you can to live in peace with everyone.

3. Forgive yourself.

Isaiah 1:18:19 (TLB)¹⁸ Come, let’s talk this over, says the Lord; no matter how deep the stain of your sins, I can take it out and make you as clean as freshly fallen snow. Even if you are stained as red as crimson, I can make you white as wool! ¹⁹ If you will only let me help you

Matthew 22:36–40 (TLB)³⁷ Jesus replied, “‘Love the Lord your God with all your heart, soul, and mind.’ ^{38–39} This is the first and greatest commandment. The second most important is similar: ‘Love your neighbor **as much as you love yourself.**’