

# Finding Freedom in Christ: Breaking Free from Religious Bondage

In Acts 15, we find a pivotal moment in the early church where believers faced a critical question: Is salvation through Christ alone sufficient, or must Gentile converts also follow Jewish religious customs to be truly saved?

## What was the conflict in the early church about?

The conflict began when some men from Judea came to Antioch teaching: "Unless you are circumcised in accordance with the custom of Moses, you cannot be saved" (Acts 15:1). This created a clash between religion and relationship - between works-based salvation and grace-based salvation.

Paul and Barnabas strongly disagreed with this teaching, recognizing that adding requirements to salvation undermined the sufficiency of Christ's work. The issue was so significant that they were sent to Jerusalem to consult with the apostles and elders about this matter.

## How did the apostles resolve this conflict?

After much debate, Peter stood up and reminded everyone of a crucial truth: God had already shown His acceptance of the Gentiles by giving them the Holy Spirit, just as He had given to the Jewish believers. Peter made a powerful statement:

"He made no distinction between us and them, cleansing their hearts by faith in Jesus. Now then, why are you testing God by placing a yoke on the neck of the disciples which neither our fathers nor we have been able to endure?" (Acts 15:9-10)

Peter concluded with this profound truth: "We believe that we are saved through the precious undeserved grace of the Lord Jesus which makes us free of the guilt of sin and grants us eternal life in just the same way as they are" (Acts 15:11).

## What does freedom in Christ really mean?

Freedom in Christ doesn't mean we can live however we want. Rather, it means we're no longer bound by religious rules and regulations to earn God's favor. Our salvation is secure in Christ, not in our performance.

Two key passages highlight this truth:

1. Ephesians 2:8-9: "For it is by grace that you have been saved through faith. This salvation is not of yourselves, not through your own effort, but it is the undeserved gracious gift of God. Not as a result of your works, nor your attempts to keep the law, so that no one will be able to boast."
2. Romans 11:6: "But if it is by grace (God's unmerited favor), it is no longer on the basis of works. Otherwise grace is no longer grace."

## How does religious bondage affect believers today?

Many Christians still struggle with the "He loves me, He loves me not" mentality based on their performance. They carry a yoke of religious obligation, feeling that God's love depends on their works.

This bondage manifests in several ways:

- Carrying guilt for past sins that God has already forgiven
- Feeling that we must earn God's favor through religious activities
- Placing burdensome expectations on new believers
- Creating division through religious traditions and preferences

## What did the Jerusalem council decide?

The apostles and elders, led by James, decided not to "trouble and make it difficult for those who are turning to God among the Gentiles by putting obstacles in their way" (Acts 15:19).

They did ask Gentile believers to abstain from a few specific practices, not as requirements for salvation, but as practical steps to facilitate unity between Jewish and Gentile believers. These weren't new rules for salvation but wisdom to help tear down walls of division.

## How should the church function in unity?

The early church demonstrated beautiful partnership. When Jerusalem needed financial help, Antioch sent funds. When Antioch needed doctrinal clarity, Jerusalem provided guidance. This mutual support and cooperation is God's design for His church.

Even when Paul and Barnabas had a sharp disagreement over John Mark, God used this apparent division for His purposes. Barnabas took Mark under his wing to encourage and restore him, while Paul partnered with Silas to continue his missionary work. What seemed like a setback actually expanded the ministry.

## Life Application

The message of Acts 15 challenges us to examine our own hearts and practices:

1. Embrace grace fully: Have you truly accepted that your salvation is based entirely on Christ's work, not your own? Release any lingering guilt over sins that God has already forgiven.
2. Remove religious yokes: What religious burdens are you carrying that Jesus never intended for you? What traditions or practices have you elevated to requirements that might be hindering your freedom or the freedom of others?
3. Share freedom, not bondage: When sharing your faith with others, are you presenting the freeing message of grace or adding requirements that Jesus never demanded?
4. Seek unity in the body: How can you partner with other believers and churches to advance God's kingdom rather than competing or criticizing?

5. Trust God's bigger plan: When conflicts or setbacks occur, remember that God can use even these situations to accomplish His purposes in ways we might not immediately understand.

This week, ask God to show you any areas where you're still living under religious bondage rather than in the freedom Christ purchased for you. Then take practical steps to walk in that freedom and help others do the same.