

## Avoiding “Sandy Foundations”

September 7, 2025

# Heartland Christian Center

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Matthew 7:24–27 24 “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But Everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”

- Your foundation Determines your FUTURE.

**Action Reflection Question:** What are you building your life on today—temporary sand or the solid rock of Christ?

## 1. Two Builders, Two Foundations

**Truth:** Knowing the Word is not enough; PRACTICING it makes it a foundation.

**Action Point:** This week, identify one command of Jesus you know but have not been living out—start practicing it.

## 2. It was the Storms that REVEAL What's Hidden

- A. You don't rise to the level of your INTENTIONS; you fall to the level of your FOUNDATION.
- **Action Point:** Don't wait for a storm to test your faith. Daily strengthen your foundation through prayer and obedience.

### 3. The ROCK is Christ, the Word Made Flesh

Our security is not in WHAT we know but in WHO we know.

### A. What It Means to Build on Him

- TRUST → Resting your confidence in Jesus, not your own strength. (Proverbs 3:5–6)
- SURRENDER → Yielding control of your plans, decisions, and future to His lordship. (Luke 9:23)
- Daily DEPENDENCE → Choosing every day to lean on Him for wisdom, provision, and strength. (John 15:5: “apart from Me you can do nothing”)

B. A Storm-proof life isn't about PERFECTION but about CONNECTION to the unshakable Rock.

**Truth:** When you build on Christ, you are not Storm-FREE, but you are Storm-PROOF.

**Action Point:** Each morning this week, declare aloud: “Today I choose to build on Christ, my solid rock.”

**NOTES:**

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