## Character Under Construction July 28, 2024 Heartland Christian Center Lead Pastor, Dr. Phil Willingham

• "Where the Mind Goes the Man Follows"

Proverbs 23:7 "As a man thinks in his heart, so is he."

Romans 12:2 "We are transformed by the renewing of the mind."

James 1:8 "A double minded man is unstable in all his ways."

<u>2 Corinthians 10:4-5</u> "The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

## I. How We Renew Our Mind

Step 1: Stop waiting for an Outside <u>MIRACLE</u> to change your mind.

Step 2: Stop believing that you can't CONTROL your thoughts.

Step 3: What you feed your mind with becomes a MINDSET.

Step 4: Confess what you believe, not what you FEEL.

Step 5: <u>RESIST</u> negative thoughts, and <u>ASSIST</u> positive thoughts.

Step 6: Celebrate the PROCESS.

Step 7: Expect the Miracle of Lasting <u>TRANSFORMATION</u>.

<u>Hebrews 12:1-3</u> "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him, he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. 3 Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart."