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Moving From Self-Reliance to Spirit-Led Living

Heartland Christian Center

8-2-2026

Pastor, Phil Willingham

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2 Corinthians 10:3-5 NIV " For, though we walk in the flesh, we do not war according to the flesh. 4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

BIG IDEA: "Every stronghold begins with believing a lie; Every breakthrough begins with embracing God's truth."

I. What Is a Stronghold?

The Greek word means a fortress.

II. DECLARE WAR ON STRONGHOLDS

Ephesians 6:12 "For we do not wrestle against flesh and blood..."

Action Point Ask the Lord this week: "What wall have I learned to live with that You want to tear down?"

III. EXPOSE EVERY AREA OF DARKNESS

1 John 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

· The devil's greatest weapon isn't your failure, It's convincing you to hide your failure.

Action Point: Stop hiding, Confess your sins.

body be preserved blameless at the coming of our Lord Jesus Christ.

Action Point: Evaluate your life this week.

V. BELIEVE THAT JESUS HAS ALREADY SET YOU FREE

John 8:36 Therefore if the Son makes you free, you shall be free indeed.

· Don't allow yesterday's bondage to define today's identity.

Action Point: Replace every lie with God's truth.

VI. TRUST THE HOLY SPIRIT

1 Corinthians 2:12 Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God.

Action Point Pray: "Holy Spirit, show me anything that keeps me from Your best."

VII. SPEAK THE TRUTH OF GOD'S WORD

Action Point: Choose one promise from Scripture each week and declare it every day.

2 Corinthians 5:20 Now then, we are ambassadors for Christ, as though God were pleading through us: we implore you on Christ's behalf, be reconciled to God.

Final Challenge: Strongholds are not destroyed by good intentions. They are demolished through surrendered hearts, renewed minds, obedient lives, and the power of God's Word.

NOTES

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