

Be Still...
The Power of the Ponder
November 9, 2025
Heartland Christian Center
Lead Pastor, Matt Willingham

Isaiah 40:28-31 *"Have you not known? Have you not heard? The everlasting God, the Lord, The Creator of the ends of the earth, Neither faints nor is weary. His understanding is unsearchable. He gives power to the weak, And to those who have no might He increases strength. Even the youths shall faint and be weary, And the young men shall utterly fall, But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint."*

Psalm 77:11-15 *"I will remember the deeds of the Lord; yes, I will remember your wonders of old. I will ponder all your work, and meditate on your mighty deeds. Your way, O God, is holy. What god is great like our God? You are the God who works wonders; you have made known your might among the peoples. You with your arm redeemed your people, the children of Jacob and Joseph."*

1. Ponder to PERCEIVE God's PAST

Psalm 77:11 *"I will remember the deeds of the Lord; yes, I will remember your wonders of old."*

- Pondering starts with intentional RECALL; not letting our FEELINGS write the story.
- Pause the PANIC. Remember the PROVISION.

2. Ponder to PROCESS God's POWER

Psalm 77:12 *"I will ponder all your work, and meditate on your mighty deeds."*

- It is more than just THINKING; it's talking to myself about God's acts until they sink in.
- Pondering is active mental ENGAGEMENT, not passive DAYDREAMING.
- Processing truth transforms it from information to FORMATION.

3. Ponder to PRESERVE God's PRAISE

Psalm 77:13 *"Your way, O God, is holy. What god is great like our God?"*

- Pondering protects us by embedding God's Word deep.
- Pondering distills raw events into WORSHIP FUEL.
- My trials, pondered, become WORSHIP.

4. Ponder to PROCLAIM God's REDEMPTION

Psalm 77:14-15 *"You are the God who works wonders; you have made known your might among the peoples. You with your arm redeemed your people, the children of Jacob and Joseph."*

- Pondering isn't private hoarding, it should spill into our TESTIMONY.
- Ponder in private. PROCLAIM in public.

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