

Begin By Focusing On The Future



Genesis 40.14

“When all goes well with you, remember me and show me kindness; mention me to Pharaoh and **get me out of this prison.**”



Philippians 3.13

“I focus on this one thing: Forgetting the past and looking forward to what lies ahead.”



Philippians 4.8,9

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—**think on such things.** And the God of peace will be with you.”



Allow Yourself Time To Recover



Genesis 41.51

“Joseph named the firstborn Manasseh, ‘For,’ he said, ‘**God has made me forget all my trouble.**’”



Romans 6.13

“Do not let any part of your body become an instrument of evil to serve sin. Instead, **give yourselves completely to God**, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God.”



Worry Is That Warning Light On
The Dashboard Of Your Life That
Goes ON When You Try To
Control The Uncontrollable.



Luke 1.38

“‘I am the Lord’s servant,’ Mary answered.
‘May your word to me be fulfilled.’ Then the
angel left her.”



Don't Dwell On Your Past Setbacks



Jeremiah 3.16

“When your land is once more filled with people,’ says the LORD, ‘you will no longer wish for ‘the good old days’ when you possessed the Ark of the LORD’S Covenant. **You will not miss those days or even remember them**, and there will be no need to rebuild the Ark.”



Fill Your Life With Praise



Genesis 50.20

“You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.”



2 Kings 3.15

“‘Now bring me someone who can play the harp.’ While the harp was being played, the power of the LORD came upon Elisha.”

