

1 Kings 19.1-2

“When **Ahab** got home, he told **Jezebel** everything **Elijah** had done, including the way he had killed all the prophets of Baal. So Jezebel sent this message to Elijah: ‘May the gods strike me and even kill me if by this time tomorrow I have not killed you just as you killed them.’”



1 Kings 19.3-4

“Elijah was afraid and fled for his life. He went to Beer-sheba, a town in Judah, and he left his servant there. Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and **prayed that he might die.**”



1. Stir Your Spiritual Memory



Psalm 40.5

“O LORD my God, you have performed many wonders for us. Your plans for us are too numerous to list. You have no equal. If I tried **to recite all your wonderful deeds**, I would never come to the end of them.”



2. Take Time To Talk To Yourself



Deuteronomy 31.6

“So be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God **will personally go ahead of you**. He will neither fail you nor abandon you.”



Psalm 3.3

“But you, O LORD, are **a shield around me**; you are my glory, the one who holds my head high.”



Isaiah 41.10

“Don’t be afraid, for I am with you. Don’t be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.”



3. Never Give Up, Keep Fighting!



4. Keep Your Eye On The Future



Galatians 2.20

“I have been crucified with Christ and I no longer live, but **Christ lives in me.** The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.”

