

COMMUNION

Experiencing Maximum
Benefit From Communion



Mark 14.22-25 (NLT)

“As they were eating, Jesus took some bread and blessed it. Then he broke it in pieces and gave it to the disciples, saying, ‘Take it, for this is my body.’ And he took a cup and gave thanks to God for it. He gave it to them, and they all drank from it. And he said to them,

Mark 14.22-25 (NLT)

‘This is my blood, which confirms the covenant between God and his people. It is poured out as a sacrifice for many. I tell you the truth, I will not drink again until the day I drink it new in the Kingdom of God.’”

Psalm 24.3-4 (NIV)

“Who may ascend the mountain of the LORD? Who may stand in his holy place? **The one who has clean hands and a pure heart**, who does not trust in an idol or swear by a false god.”

Romans 6.6 (NLT)

“We know that our old sinful selves were crucified with Christ **so that sin might lose its power in our lives.** We are no longer slaves to sin.”

2 Corinthians 5.21 (NLT)

“For God made Christ, who never sinned, to be the offering for our sin, so that we could be made right with God through Christ.”